

NUTRITION & ALLERGEN GUIDE

AUTUMN
(AUGUST - NOVEMBER 2024)

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CORE BEVERAGES

This guide will provide nutritional and allergen information for core beverages. Allergens can be found in **BOLD CAPITALS** within the ingredient declaration. Please ensure you take extra care to identify all the possible allergens present in our beverages, if you require support please ask one of our trained barista's.

Within this booklet it will provide information on the following 14 allergens:

- **Cereals Containing Gluten**
Wheat (Spelt and Kamut), Rye, Barley and Oats
- **Nuts**
(Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia/Queensland Nut)
- **Egg**
- **Milk**
- **Soya**
- **Fish**
- **Crustaceans**
- **Molluscs**
- **Sesame**
- **Lupin**
- **Celery**
- **Mustard**
- **Peanuts**
- **Sulphur Dioxide and Sulphites**

Cross Contamination

All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Ingredient information within this booklet is based on standard product formulations, variations may occur. Please note some menu items may not be available in all stores, and will not cover test products. If you require allergen information about test products, please ask one of our trained barista's.

This information is updated regularly to reflect our procedures instore. Please check www.starbucks.co.uk for the most up to date information.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Americano	Water, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	4	0.1	0	0.5	0	0.1	0.2	0.00	44.6	33.1
		Tall	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1	66.2
		Grande	11	0.2	0.1	1.4	0.1	0.4	0.6	0.00	133.7	99.2
		Venti	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2	132.3
Caffe Latte - skimmed milk	Skimmed milk [skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	237	56	0.5	0.2	7.5	7.1	0.1	5.3	0.16	44.6
		Tall	398	94	0.9	0.4	12.5	11.7	0.3	8.9	0.27	89.1
		Grande	486	115	1	0.4	15.3	14.5	0.3	10.9	0.33	89.1
		Venti	657	156	1.4	0.6	20.7	19.5	0.4	14.7	0.45	133.7
Caffe Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	310	74	2.6	2.5	7.3	6.9	0.1	5.3	0.16	44.6
		Tall	519	124	4.3	4.2	12.3	11.5	0.3	8.9	0.26	89.1
		Grande	636	151	5.2	5.2	15	14.2	0.3	10.9	0.32	89.1
		Venti	858	204	7.1	6.9	20.3	19.1	0.4	14.7	0.43	133.7
Caffe Latte - whole milk	Whole milk [whole MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	408	97	5.3	3.4	7.2	6.8	0.1	5.2	0.15	44.6
		Tall	681	162	8.9	5.6	12.1	11.2	0.3	8.6	0.26	89.1
		Grande	838	200	11	6.9	14.7	13.9	0.3	10.6	0.32	89.1
		Venti	1128	269	14.7	9.3	19.9	18.7	0.4	14.3	0.42	133.7
Caffe Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	161	40	1.8	0.2	4	3.6	0.4	0.9	0.11	44.6
		Tall	272	68	3	0.3	6.9	6	0.7	1.6	0.18	89.1
		Grande	330	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1
		Venti	447	112	5	0.5	11.3	10	1.2	2.6	0.29	133.7
Caffe Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	273	65	2.8	0.5	4.4	3.7	1	5	0.15	44.6
		Tall	458	109	4.7	0.8	7.4	6.2	1.7	8.4	0.24	89.1
		Grande	561	133	5.8	0.9	9	7.6	2.1	10.3	0.30	89.1
		Venti	757	180	7.9	1.3	12.2	10.2	2.8	13.9	0.40	133.7
Caffe Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	376	90	4.5	0.5	10.2	4.9	1.6	1.4	0.19	44.6
		Tall	628	150	7.4	0.8	17.1	8.1	2.7	2.3	0.32	89.1
		Grande	771	184	9.1	0.9	21	10	3.3	2.8	0.39	89.1
		Venti	1039	249	12.3	1.3	28.4	13.4	4.4	3.8	0.53	133.7
Caffe Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	279	68	3.7	3.4	5.6	5.2	2.3	1.7	0.07	44.6
		Tall	468	114	6.2	5.6	9.4	8.6	3.9	2.8	0.11	89.1
		Grande	573	139	7.6	7	11.4	10.6	4.8	3.4	0.14	89.1
		Venti	773	188	10.3	9.3	15.5	14.2	6.5	4.6	0.18	133.7
Cappuccino - skimmed milk	Skimmed milk [skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	207	49	0.4	0.2	6.5	6.1	0.1	4.6	0.14	44.6
		Tall	332	79	0.7	0.3	10.5	9.7	0.3	7.4	0.22	89.1
		Grande	418	99	0.9	0.4	13.2	12.4	0.3	9.4	0.28	89.1
		Venti	544	129	1.2	0.5	17.1	15.9	0.4	12.1	0.36	133.7
Cappuccino - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	270	64	2.2	2.2	6.4	6	0.1	4.6	0.14	44.6
		Tall	432	103	3.5	3.4	10.3	9.5	0.3	7.4	0.22	89.1
		Grande	546	130	4.5	4.4	12.9	12.1	0.3	9.4	0.28	89.1
		Venti	708	169	5.8	5.7	16.8	15.6	0.4	12.1	0.36	133.7

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cappuccino - whole milk	Whole milk [whole MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	354	84	4.6	2.9	6.3	5.9	0.1	4.5	0.13	44.6
		Tall	565	135	7.3	4.6	10.1	9.3	0.3	7.2	0.21	89.1
		Grande	717	171	9.3	5.9	12.7	11.8	0.3	9.1	0.27	89.1
		Venti	929	221	12	7.6	16.5	15.3	0.4	11.8	0.35	133.7
Cappuccino - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	141	35	1.6	0.1	3.6	3.1	0.4	0.8	0.09	44.6
		Tall	229	57	2.5	0.2	5.8	5	0.7	1.4	0.15	89.1
		Grande	285	71	3.2	0.3	7.2	6.4	0.8	1.7	0.19	89.1
		Venti	373	93	4.1	0.4	9.4	8.2	1.1	2.2	0.24	133.7
Cappuccino - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	238	57	2.5	0.4	3.9	3.2	0.9	4.4	0.13	44.6
		Tall	382	91	3.9	0.6	6.3	5.1	1.5	7	0.20	89.1
		Grande	482	115	5	0.8	7.8	6.5	1.8	8.8	0.26	89.1
		Venti	626	149	6.5	1.1	10.2	8.4	2.4	11.5	0.33	133.7
Cappuccino - oat drink	Aat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	326	78	3.9	0.4	8.9	4.2	1.4	1.2	0.16	44.6
		Tall	522	125	6.1	0.6	14.3	6.7	2.3	2	0.26	89.1
		Grande	661	158	7.8	0.8	18	8.5	2.8	2.5	0.33	89.1
		Venti	857	205	10.1	1.1	23.4	11	3.7	3.2	0.43	133.7
Cappuccino - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	243	59	3.2	2.9	4.9	4.5	2	1.5	0.06	44.6
		Tall	390	95	5.1	4.6	7.9	7.1	3.3	2.4	0.09	89.1
		Grande	492	120	6.5	5.9	9.8	9	4.1	3	0.12	89.1
		Venti	639	156	8.4	7.6	12.9	11.7	5.3	3.9	0.15	133.7
Caramel Macchiato - skimmed milk	Skimmed milk [skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Short	363	86	1.2	0.6	13.5	12.8	0.1	5.3	0.18	44.6
		Tall	590	140	1.7	0.9	22.4	21.2	0.3	8.5	0.28	89.1
		Grande	753	178	1.9	1	29.2	27.9	0.3	10.9	0.35	89.1
		Venti	958	227	2.2	1.1	37.3	35.6	0.4	14	0.45	133.7
Caramel Macchiato - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Short	435	103	3.2	2.9	13.4	12.7	0.1	5.3	0.18	44.6
		Tall	705	167	4.9	4.5	22.2	21	0.3	8.5	0.27	89.1
		Grande	901	214	6	5.6	28.9	27.6	0.3	10.9	0.35	89.1
		Venti	1149	273	7.5	7.1	37	35.2	0.4	14	0.44	133.7
Caramel Macchiato - whole milk	Whole milk [whole MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Short	530	126	5.9	3.7	13.2	12.5	0.1	5.1	0.17	44.6
		Tall	859	204	9.3	5.8	21.9	20.7	0.3	8.3	0.27	89.1
		Grande	1100	261	11.7	7.4	28.6	27.3	0.3	10.6	0.34	89.1
		Venti	1404	334	14.8	9.3	36.6	34.8	0.4	13.7	0.43	133.7
Caramel Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Short	289	70	2.4	0.6	10.2	9.5	0.4	1	0.13	44.6
		Tall	470	115	3.7	0.8	17	15.8	0.7	1.6	0.19	89.1
		Grande	598	146	4.5	0.9	22.3	21	0.9	1.9	0.24	89.1
		Venti	759	185	5.6	1	28.4	26.6	1.2	2.6	0.31	133.7

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Macchiato - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Short	399	95	3.5	0.9	10.5	9.5	1	5	0.16	44.6
		Tall	647	154	5.3	1.3	17.6	15.9	1.6	8.1	0.26	89.1
		Grande	827	196	6.6	1.5	23	21.1	2.1	10.3	0.32	89.1
		Venti	1053	250	8.3	1.7	29.3	26.8	2.7	13.3	0.41	133.7
Caramel Macchiato - oat drink	Oat drink [Oat base (water, OAT(10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Short	499	119	5	0.9	16.2	10.7	1.6	1.4	0.21	44.6
		Tall	808	193	7.9	1.3	26.8	17.7	2.6	2.3	0.33	89.1
		Grande	1035	247	9.9	1.5	34.9	23.5	3.2	2.8	0.41	89.1
		Venti	1320	315	12.5	1.7	44.6	29.9	4.2	3.7	0.52	133.7
Caramel Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Short	405	98	4.3	3.7	11.6	11	2.3	1.7	0.09	44.6
		Tall	656	158	6.7	5.9	19.4	18.2	3.7	2.8	0.13	89.1
		Grande	839	202	8.4	7.4	25.4	24.1	4.7	3.4	0.16	89.1
		Venti	1068	257	10.6	9.4	32.4	30.6	6.1	4.5	0.20	133.7
Cortado - skimmed milk	Skimmed milk [skimmed MILK], ristretto espresso single shot (as consumed) [Whole bean roasted coffee]	Short	180	43	0.3	0.2	6.1	4.7	0	3.9	0.11	106.6
Cortado - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ristretto espresso single shot (as consumed) [Whole bean roasted coffee]	Short	228	54	1.7	1.7	6	4.6	0	3.9	0.11	106.6
Cortado - whole milk	Whole milk [whole MILK], ristretto espresso single shot (as consumed) [Whole bean roasted coffee]	Short	292	69	3.5	2.2	5.9	4.5	0	3.8	0.10	106.6
Cortado - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ristretto espresso single shot (as consumed) [Whole bean roasted coffee]	Short	130	32	1.2	0.1	3.8	2.4	0.2	1	0.07	106.6
Cortado - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), ristretto espresso single shot (as consumed) [Whole bean roasted coffee]	Short	204	48	1.9	0.3	4.1	2.5	0.6	3.7	0.10	106.6
Cortado - oat drink	Oat drink [Oat base (water, OAT(10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ristretto espresso single shot (as consumed) [Whole bean roasted coffee]	Short	271	65	2.9	0.3	7.9	3.2	1	1.3	0.13	106.6
Cortado - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ristretto espresso single shot (as consumed) [Whole bean roasted coffee]	Short	208	50	2.5	2.3	4.8	3.4	1.4	1.5	0.05	106.6
Espresso	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Doppio	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
		Single	15	4	0.1	0	0.5	0	0.1	0.2	0.00	44.6
Espresso Con Panna	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Single	190	46	4.2	3	1.6	1.1	0.1	0.5	0.01	44.6
		Double	204	50	4.2	3	2	1.2	0.3	0.7	0.01	89.1
Espresso Macchiato - skimmed milk	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], skimmed milk [skimmed MILK]	Single	23	6	0.1	0	0.7	0.3	0.1	0.4	0.01	44.6
		Double	54	13	0.2	0.1	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - semi-skimmed milk	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], semi-skimmed milk [semi-skimmed MILK]	Single	25	6	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.6
		Double	62	15	0.4	0.3	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - whole milk	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], whole milk [whole MILK]	Single	29	7	0.3	0.1	0.7	0.3	0.1	0.4	0.01	44.6
		Double	73	18	0.7	0.4	1.6	0.8	0.3	1	0.02	89.1

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Macchiato - almond drink	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt]	Single	20	5	0.1	0	0.6	0.2	0.1	0.2	0.00	44.6
		Double	46	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1
Espresso Macchiato - soya drink	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2]	Single	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.6
		Double	58	14	0.4	0.1	1.3	0.5	0.4	0.9	0.02	89.1
Espresso Macchiato - oat drink	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).]	Single	28	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.6
		Double	70	17	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1
Espresso Macchiato - coconut drink	Espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.]	Single	24	6	0.2	0.1	0.6	0.2	0.2	0.3	0.00	44.6
		Double	59	14	0.5	0.4	1.5	0.7	0.5	0.6	0.01	89.1
Flat White - skimmed milk	Skimmed milk [skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	193	46	0.5	0.2	6.1	5.2	0.3	4.2	0.12	89.1
Flat White - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	246	59	2	1.9	6	5.1	0.3	4.2	0.12	89.1
Flat White - whole milk	Whole milk [whole MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	318	76	4	2.5	5.8	5	0.3	4.1	0.11	89.1
Flat White - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	137	34	1.4	0.2	3.5	2.7	0.5	0.9	0.08	89.1
Flat White - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	219	52	2.2	0.4	3.8	2.8	0.9	4	0.11	89.1
Flat White - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	295	71	3.4	0.4	8.1	3.6	1.3	1.3	0.14	89.1
Flat White - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	224	54	2.8	2.5	4.7	3.9	1.9	1.5	0.05	89.1
Freshly Brewed Coffee	Pike Place brewed coffee [whole bean roasted coffee]	Short	68	16	0.7	0.2	1.4	0.2	1.1	0.7	0.01	131.7
		Tall	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8
		Grande	132	31	1.3	0.4	2.6	0.4	2.2	1.3	0.01	254.6
		Venti	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2
Latte Macchiato - skimmed milk	Skimmed milk [skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	206	49	0.4	0.2	6.5	6.1	0.1	4.6	0.14	44.6
		Tall	365	87	0.8	0.3	11.5	10.7	0.3	8.1	0.24	89.1
		Grande	471	112	1	0.4	14.8	14	0.3	10.6	0.32	89.1
		Venti	624	148	1.3	0.6	19.7	18.5	0.4	14	0.42	133.7
Latte Macchiato - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	269	64	2.2	2.2	6.4	6	0.1	4.6	0.14	44.6
		Tall	476	113	3.9	3.8	11.3	10.5	0.3	8.1	0.24	89.1
		Grande	616	147	5.1	5	14.6	13.7	0.3	10.6	0.31	89.1
		Venti	815	194	6.7	6.6	19.3	18.1	0.4	14	0.41	133.7

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Latte Macchiato - whole milk	Whole milk [whole MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	353	84	4.6	2.9	6.2	5.8	0.1	4.5	0.13	44.6
		Tall	624	149	8.1	5.1	11.1	10.3	0.3	7.9	0.23	89.1
		Grande	811	193	10.6	6.7	14.3	13.5	0.3	10.3	0.31	89.1
		Venti	1071	255	13.9	8.8	18.9	17.7	0.4	13.6	0.40	133.7
Latte Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	140	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	44.6
		Tall	250	62	2.7	0.3	6.3	5.5	0.7	1.5	0.16	89.1
		Grande	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1
		Venti	426	106	4.7	0.4	10.7	9.5	1.2	2.5	0.28	133.7
Latte Macchiato - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	237	56	2.5	0.4	3.8	3.2	0.9	4.4	0.13	44.6
		Tall	421	100	4.3	0.7	6.9	5.6	1.6	7.7	0.22	89.1
		Grande	543	129	5.7	0.9	8.7	7.4	2	10	0.29	89.1
		Venti	720	171	7.5	1.2	11.7	9.7	2.7	13.2	0.38	133.7
Latte Macchiato - oat drink	Aat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	325	78	3.8	0.4	8.9	4.2	1.4	1.2	0.16	44.6
		Tall	575	138	6.8	0.7	15.7	7.4	2.5	2.2	0.29	89.1
		Grande	747	179	8.8	0.9	20.4	9.7	3.2	2.7	0.38	89.1
		Venti	987	236	11.7	1.2	26.9	12.7	4.2	3.7	0.50	133.7
Latte Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Short	242	59	3.2	2.9	4.9	4.4	2	1.5	0.06	44.6
		Tall	429	104	5.7	5.1	8.6	7.8	3.6	2.6	0.10	89.1
		Grande	555	135	7.4	6.7	11.1	10.3	4.6	3.3	0.13	89.1
		Venti	735	179	9.7	8.8	14.7	13.5	6.1	4.4	0.17	133.7
Misto - skimmed milk	Pike Place brewed coffee [whole bean roasted coffee], skimmed milk [skimmed MILK]	Short	148	35	0.6	0.2	4.2	3.6	0.6	2.9	0.08	69.8
		Tall	249	59	1	0.4	7.2	6.2	1	5	0.14	114.7
		Grande	325	77	1.2	0.5	9.4	8.3	1.2	6.6	0.19	137.5
		Venti	424	100	1.5	0.6	12.4	11	1.4	8.7	0.25	163.4
Misto - semi-skimmed milk	Pike Place brewed coffee [whole bean roasted coffee], semi-skimmed milk [semi-skimmed MILK]	Short	184	44	1.6	1.4	4.2	3.6	0.6	2.9	0.08	69.8
		Tall	311	74	2.7	2.3	7.1	6.1	1	5	0.14	114.7
		Grande	409	97	3.6	3.1	9.3	8.1	1.2	6.6	0.19	137.5
		Venti	536	127	4.6	4.1	12.2	10.8	1.4	8.7	0.25	163.4
Misto - whole milk	Pike Place brewed coffee [whole bean roasted coffee], whole milk [whole MILK]	Short	234	55	3	1.8	4.1	3.5	0.6	2.9	0.08	69.8
		Tall	395	94	5.1	3.1	6.9	5.9	1	4.8	0.14	114.7
		Grande	521	124	6.7	4.1	9.1	7.9	1.2	6.4	0.18	137.5
		Venti	686	163	8.9	5.4	12	10.6	1.4	8.4	0.24	163.4
Misto - almond drink	Pike Place brewed coffee [whole bean roasted coffee], almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt]	Short	110	27	1.2	0.2	2.5	1.9	0.7	0.7	0.06	69.8
		Tall	184	45	2.1	0.3	4.3	3.3	1.2	1.2	0.10	114.7
		Grande	238	58	2.7	0.4	5.5	4.3	1.5	1.5	0.13	137.5
		Venti	308	76	3.5	0.5	7.2	5.8	1.8	1.9	0.17	163.4

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Misto - soya drink	Pike Place brewed coffee [whole bean roasted coffee], soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2]	Short	166	39	1.8	0.3	2.7	2	1	2.8	0.08	69.8
		Tall	280	66	3	0.6	4.6	3.3	1.7	4.7	0.13	114.7
		Grande	367	87	3.9	0.7	5.9	4.4	2.2	6.2	0.17	137.5
		Venti	480	114	5.1	1	7.7	5.9	2.7	8.2	0.23	163.4
Misto - oat drink	Pike Place brewed coffee [whole bean roasted coffee], oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).]	Short	218	52	2.6	0.3	5.6	2.5	1.3	0.9	0.10	69.8
		Tall	368	87	4.3	0.6	9.5	4.3	2.2	1.6	0.17	114.7
		Grande	484	115	5.7	0.7	12.6	5.8	2.9	2	0.22	137.5
		Venti	636	152	7.5	1	16.7	7.7	3.6	2.6	0.30	163.4
Misto - coconut drink	Pike Place brewed coffee [whole bean roasted coffee], coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.]	Short	169	41	2.2	1.8	3.3	2.7	1.7	1.1	0.04	69.8
		Tall	285	69	3.7	3.1	5.6	4.6	2.9	1.8	0.06	114.7
		Grande	374	90	4.9	4.1	7.3	6.1	3.7	2.4	0.08	137.5
		Venti	489	118	6.4	5.4	9.5	8.1	4.8	3.1	0.11	163.4

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Mocha & Hot Chocolate

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Hot Chocolate - skimmed milk	Skimmed milk [skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	630	150	5.6	3.8	17.7	17	1.4	6.5	0.15	0
		Tall	935	223	7.5	5	27.4	26.3	2.1	10.5	0.24	0
		Grande	1170	278	8.3	5.5	35.7	34.3	2.7	13.9	0.32	0
		Venti	1437	342	9.4	6.2	44.7	43	3.3	17.7	0.42	0
Classic Hot Chocolate - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	690	164	7.3	5.7	17.6	16.8	1.4	6.5	0.14	0
		Tall	1038	247	10.3	8.2	27.2	26.1	2.1	10.5	0.24	0
		Grande	1308	311	12.1	9.8	35.4	34	2.7	13.9	0.32	0
		Venti	1616	385	14.5	11.8	44.4	42.6	3.3	17.7	0.41	0
Classic Hot Chocolate - whole milk	Whole milk [whole MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	770	184	9.6	6.4	17.5	16.7	1.4	6.3	0.14	0
		Tall	1175	280	14.2	9.4	27	25.9	2.1	10.3	0.23	0
		Grande	1493	356	17.4	11.4	35.2	33.7	2.7	13.6	0.31	0
		Venti	1857	442	21.3	13.9	44	42.3	3.3	17.4	0.40	0
Classic Hot Chocolate - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	567	137	6.7	3.8	14.9	14.1	1.6	2.9	0.10	0
		Tall	829	200	9.3	4.9	22.6	21.5	2.5	4.3	0.17	0
		Grande	1026	248	10.7	5.4	29.3	27.8	3.3	5.6	0.22	0
		Venti	1250	302	12.6	6.1	36.3	34.5	4	6.9	0.28	0
Classic Hot Chocolate - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	660	157	7.5	4	15.2	14.2	2.1	6.2	0.13	0
		Tall	986	235	10.7	5.3	23.1	21.6	3.3	10.1	0.22	0
		Grande	1239	295	12.7	5.9	29.9	27.9	4.4	13.3	0.30	0
		Venti	1527	363	15.2	6.8	37.2	34.7	5.5	17	0.38	0
Classic Hot Chocolate - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	743	178	8.9	4	20	15.2	2.6	3.2	0.17	0
		Tall	1130	270	13	5.3	31.3	23.2	4.1	4.9	0.28	0
		Grande	1432	342	15.7	5.9	41	30.1	5.5	6.4	0.38	0
		Venti	1778	424	19.1	6.8	51.6	37.6	6.9	8	0.49	0
Classic Hot Chocolate - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	664	160	8.3	6.4	16.1	15.4	3.2	3.5	0.07	0
		Tall	995	239	12	9.4	24.7	23.6	5.1	5.4	0.11	0
		Grande	1250	300	14.3	11.5	32.1	30.7	6.9	7	0.14	0
		Venti	1541	370	17.3	14	40.1	38.3	8.7	8.7	0.18	0
Hot White Chocolate - skimmed milk	Skimmed milk [skimmed MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	720	171	6.2	4.5	23.3	23.3	0	5.6	0.26	0
		Tall	1099	261	8.3	6	36.6	36.6	0	9.9	0.43	0
		Grande	1363	324	9.4	6.8	47.4	47.4	0.1	12.3	0.55	0
		Venti	1714	407	10.9	7.9	60.6	60.6	0.1	16.4	0.72	0

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Hot White Chocolate - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	778	185	7.8	6.3	23.1	23.1	0	5.6	0.26	0
		Tall	1208	288	11.4	9.5	36.4	36.4	0	9.9	0.43	0
		Grande	1498	357	13.2	11.1	47.1	47.1	0.1	12.3	0.54	0
		Venti	1899	452	16.1	13.8	60.2	60.2	0.1	16.4	0.71	0
Hot White Chocolate - whole milk	Whole milk [whole MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	857	204	10.1	7	23	23	0	5.5	0.25	0
		Tall	1355	323	15.5	10.8	36.2	36.2	0	9.6	0.42	0
		Grande	1680	400	18.3	12.7	46.9	46.9	0.1	12	0.53	0
		Venti	2148	511	23.2	16	59.8	59.8	0.1	16.1	0.70	0
Hot White Chocolate - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	658	158	7.2	4.5	20.5	20.5	0.3	2.1	0.21	0
		Tall	985	237	10.3	6	31.5	31.5	0.5	3.3	0.35	0
		Grande	1222	294	11.8	6.8	41.1	41.1	0.6	4.2	0.45	0
		Venti	1521	366	14.2	7.8	51.9	51.9	0.8	5.3	0.58	0
Hot White Chocolate - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	749	178	8.1	4.7	20.8	20.6	0.7	5.4	0.25	0
		Tall	1153	275	11.8	6.4	32	31.6	1.4	9.4	0.41	0
		Grande	1431	340	13.7	7.3	41.7	41.2	1.7	11.8	0.52	0
		Venti	1807	429	16.9	8.6	52.8	52	2.3	15.7	0.68	0
Hot White Chocolate - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	831	198	9.3	4.7	25.5	21.5	1.2	2.5	0.28	0
		Tall	1307	312	14.2	6.4	40.8	33.4	2.2	4	0.48	0
		Grande	1620	386	16.7	7.3	52.6	43.3	2.8	5	0.60	0
		Venti	2066	492	21	8.6	67.6	55	3.8	6.4	0.79	0
Hot White Chocolate - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	754	181	8.8	7	21.7	21.7	1.8	2.7	0.18	0
		Tall	1162	279	13.1	10.8	33.8	33.8	3.3	4.4	0.29	0
		Grande	1442	346	15.4	12.7	43.9	43.9	4.1	5.5	0.37	0
		Venti	1822	437	19.1	16	55.7	55.7	5.6	7.2	0.48	0
Iced Chocolate - skimmed milk	Skimmed milk [skimmed MILK], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1050	251	11.4	7.9	26.5	25.4	2.1	9.4	0.21	0
		Grande	1412	337	15.1	10.4	35.8	34.4	2.7	13.1	0.30	0
		Venti	1555	371	15.7	10.8	41.4	39.6	3.4	14.3	0.31	0
Iced Chocolate - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1133	271	13.8	10.5	26.4	25.3	2.1	9.4	0.21	0
		Grande	1532	366	18.5	14.2	35.6	34.1	2.7	13.1	0.30	0
		Venti	1680	401	19.2	14.7	41.2	39.4	3.4	14.3	0.31	0
Iced Chocolate - whole milk	Whole milk [whole MILK], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1246	298	16.9	11.5	26.2	25.1	2.1	9.2	0.20	0
		Grande	1694	405	23.1	15.6	35.3	33.9	2.7	12.9	0.29	0
		Venti	1847	441	23.9	16.2	40.9	39.1	3.4	14.1	0.30	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	963	232	12.9	7.8	22.6	21.5	2.4	4.4	0.15	0
		Grande	1287	311	17.2	10.4	30.2	28.7	3.2	5.9	0.21	0
		Venti	1426	344	17.9	10.7	35.6	33.8	3.9	6.8	0.22	0
Iced Chocolate – soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1092	261	14.1	8.2	23	21.6	3.1	9.1	0.20	0
		Grande	1472	352	19	10.8	30.8	28.8	4.1	12.6	0.28	0
		Venti	1618	386	19.7	11.2	36.2	33.9	4.9	13.8	0.29	0
Iced Chocolate – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1209	289	15.9	8.2	29.7	22.9	3.7	4.9	0.25	0
		Grande	1641	393	21.6	10.8	40.4	30.8	5.1	6.6	0.35	0
		Venti	1792	428	22.4	11.2	46.1	35.9	5.9	7.6	0.36	0
Iced Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1098	264	15.1	11.5	24.3	23.3	4.6	5.2	0.10	0
		Grande	1482	356	20.4	15.7	32.7	31.2	6.3	7.1	0.14	0
		Venti	1628	391	21.2	16.2	38.2	36.4	7.1	8.1	0.15	0
Iced White Chocolate – skimmed milk	Skimmed milk [skimmed MILK], ice, white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1195	285	12.3	8.9	35.3	35.3	0	8.3	0.38	0
		Grande	1616	385	16.3	11.8	47.8	47.8	0.1	11.7	0.53	0
		Venti	1811	432	17.2	12.5	56.5	56.5	0.1	12.6	0.60	0
Iced White Chocolate – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1279	305	14.6	11.5	35.1	35.1	0	8.3	0.38	0
		Grande	1736	414	19.7	15.6	47.6	47.6	0.1	11.7	0.53	0
		Venti	1935	461	20.7	16.4	56.2	56.2	0.1	12.6	0.59	0
Iced White Chocolate – whole milk	Whole milk [whole MILK], ice, white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1391	332	17.8	12.5	34.9	34.9	0	8.2	0.38	0
		Grande	1897	453	24.2	17	47.4	47.4	0.1	11.5	0.52	0
		Venti	2102	501	25.4	17.9	56	56	0.1	12.4	0.59	0
Iced White Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1108	267	13.7	8.9	31.3	31.3	0.4	3.3	0.32	0
		Grande	1490	359	18.4	11.7	42.2	42.2	0.5	4.5	0.44	0
		Venti	1681	404	19.4	12.4	50.7	50.7	0.6	5.1	0.51	0

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Iced White Chocolate - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), ice, white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1237	295	14.9	9.2	31.8	31.4	1.1	8	0.37	0
		Grande	1676	400	20.1	12.2	42.8	42.3	1.5	11.2	0.51	0
		Venti	1873	446	21.2	13	51.3	50.8	1.6	12.1	0.58	0
Iced White Chocolate - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1354	324	16.8	9.2	38.4	32.8	1.7	3.8	0.42	0
		Grande	1844	441	22.8	12.2	52.4	44.2	2.5	5.2	0.58	0
		Venti	2047	489	23.9	13	61.2	52.8	2.6	5.9	0.65	0
Iced White Chocolate - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1244	299	15.9	12.5	33.1	33.1	2.6	4.2	0.28	0
		Grande	1685	405	21.6	17	44.7	44.7	3.7	5.7	0.38	0
		Venti	1883	451	22.6	17.9	53.2	53.2	3.8	6.4	0.44	0
Mocha - skimmed milk	Skimmed milk [skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	572	136	5.5	3.7	15.6	14.6	1.4	5.4	0.11	44.6
		Tall	877	209	7.3	4.9	25.2	23.4	2.2	9.4	0.21	89.1
		Grande	1077	257	8.1	5.3	32.5	30.3	2.8	12	0.26	89.1
		Venti	1359	324	9.3	6.1	42	39.1	3.6	16.1	0.36	133.7
Mocha - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	616	147	6.7	5.1	15.5	14.5	1.4	5.4	0.11	44.6
		Tall	962	230	9.7	7.6	25	23.2	2.2	9.4	0.20	89.1
		Grande	1187	283	11.2	8.8	32.2	30.1	2.8	12	0.26	89.1
		Venti	1511	360	13.6	10.8	41.7	38.8	3.6	16.1	0.35	133.7
Mocha - whole milk	Whole milk [whole MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	676	161	8.4	5.7	15.5	14.4	1.4	5.3	0.11	44.6
		Tall	1077	257	13	8.6	24.9	23	2.2	9.3	0.20	89.1
		Grande	1334	318	15.3	10.1	32	29.9	2.8	11.8	0.25	89.1
		Venti	1715	409	19.3	12.6	41.4	38.5	3.6	15.8	0.34	133.7
Mocha - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	525	127	6.3	3.7	13.6	12.5	1.6	2.7	0.08	44.6
		Tall	788	190	8.8	4.8	21.2	19.4	2.5	4.3	0.14	89.1
		Grande	963	232	10	5.3	27.3	25.2	3.2	5.4	0.18	89.1
		Venti	1201	290	12	6	34.8	32	4.2	7	0.24	133.7
Mocha - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	594	142	6.9	3.9	13.8	12.5	1.9	5.2	0.10	44.6
		Tall	919	219	10.1	5.2	21.6	19.4	3.2	9.1	0.19	89.1
		Grande	1132	270	11.6	5.7	27.8	25.3	4.1	11.6	0.24	89.1
		Venti	1435	342	14.2	6.6	35.6	32.1	5.4	15.5	0.33	133.7

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	656	157	7.9	3.9	17.3	13.2	2.3	3	0.13	44.6
		Tall	1039	248	11.9	5.2	28.4	20.8	3.9	4.8	0.24	89.1
		Grande	1286	307	14	5.7	36.6	27	5	6.1	0.31	89.1
		Venti	1648	394	17.5	6.6	47.7	34.5	6.6	7.9	0.42	133.7
Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	597	144	7.4	5.7	14.5	13.4	2.7	3.2	0.05	44.6
		Tall	926	223	11.1	8.6	23	21.2	4.7	5.2	0.10	89.1
		Grande	1141	274	12.9	10.1	29.6	27.5	6.1	6.5	0.12	89.1
		Venti	1448	348	16	12.7	38	35.1	8.1	8.5	0.16	133.7
White Mocha - skimmed milk	Skimmed milk [skimmed MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	708	169	6.2	4.5	22.9	22.5	0.2	5.2	0.24	44.6
		Tall	1034	246	8.3	6	34.6	33.8	0.3	8.1	0.36	89.1
		Grande	1333	317	9.4	6.8	46.4	45.6	0.3	11.3	0.51	89.1
		Venti	1613	384	10.9	7.9	57.3	56.1	0.5	13.7	0.62	133.7
White Mocha - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	758	181	7.6	6.1	22.8	22.4	0.2	5.2	0.24	44.6
		Tall	1113	265	10.5	8.5	34.4	33.6	0.3	8.1	0.36	89.1
		Grande	1448	345	12.7	10.5	46.2	45.4	0.3	11.3	0.50	89.1
		Venti	1751	417	14.7	12.2	57.1	55.9	0.5	13.7	0.61	133.7
White Mocha - whole milk	Whole milk [whole MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	825	197	9.5	6.7	22.7	22.3	0.2	5.1	0.23	44.6
		Tall	1218	290	13.5	9.4	34.3	33.5	0.3	7.9	0.36	89.1
		Grande	1603	382	17.1	11.8	46	45.1	0.3	11.1	0.49	89.1
		Venti	1936	461	20	13.8	56.8	55.6	0.5	13.4	0.60	133.7
White Mocha - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	655	158	7.1	4.5	20.5	20.1	0.4	2.2	0.20	44.6
		Tall	952	229	9.7	5.9	30.9	30.1	0.6	3.4	0.31	89.1
		Grande	1212	292	11.5	6.8	41	40.2	0.8	4.4	0.42	89.1
		Venti	1470	353	13.3	7.8	50.9	49.7	1	5.4	0.51	133.7
White Mocha - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	733	175	7.8	4.7	20.8	20.2	0.8	5	0.23	44.6
		Tall	1073	256	10.8	6.3	31.3	30.2	1.3	7.8	0.35	89.1
		Grande	1390	331	13.1	7.2	41.6	40.3	1.7	10.9	0.48	89.1
		Venti	1682	400	15.3	8.4	51.6	49.8	2.1	13.2	0.59	133.7

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Mocha - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	803	192	8.9	4.7	24.8	21	1.2	2.5	0.26	44.6
		Tall	1183	282	12.5	6.3	37.6	31.4	1.9	3.9	0.40	89.1
		Grande	1552	370	15.7	7.2	50.8	42.1	2.6	5.1	0.55	89.1
		Venti	1875	447	18.3	8.4	62.6	52	3.2	6.3	0.67	133.7
White Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	737	177	8.4	6.7	21.6	21.2	1.7	2.7	0.17	44.6
		Tall	1080	259	11.7	9.4	32.5	31.7	2.7	4.2	0.26	89.1
		Grande	1400	336	14.5	11.9	43.4	42.6	3.8	5.5	0.36	89.1
		Venti	1693	406	16.9	13.9	53.8	52.5	4.6	6.8	0.44	133.7

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Teas

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea	Water, chai tea [black tea, ginger bits, cinnamon, black pepper, cardamom, natural flavouring, star anise, cloves]	Short	30	7	0.1	0	0.6	0.3	0	0.9	0.00	0.7
		Tall	30	7	0.1	0	0.6	0.3	0	0.9	0.00	0.7
		Grande	30	7	0.1	0	0.6	0.3	0	0.9	0.00	0.7
		Venti	61	14	0.3	0	1.1	0.6	0.1	1.8	0.00	1.3
Chai Tea Latte - skimmed milk	Skimmed milk [skimmed MILK], water, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Short	354	84	0.4	0.1	16.4	16.4	0.1	3.6	0.12	22.2
		Tall	517	122	0.5	0.2	24.2	24.1	0.2	5.1	0.17	33.3
		Grande	717	170	0.7	0.3	33.1	33	0.3	7.4	0.25	44.4
		Venti	898	213	0.9	0.4	41.4	41.3	0.3	9.3	0.31	55.5
Chai Tea Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], water, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Short	405	96	1.8	1.7	16.3	16.3	0.1	3.6	0.12	22.2
		Tall	589	140	2.5	2.5	24	24	0.2	5.1	0.17	33.3
		Grande	822	195	3.7	3.6	32.9	32.8	0.3	7.4	0.24	44.4
		Venti	1030	244	4.6	4.5	41.1	41	0.3	9.3	0.30	55.5
Chai Tea Latte - whole milk	Whole milk [whole MILK], water, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Short	473	112	3.7	2.3	16.2	16.2	0.1	3.5	0.11	22.2
		Tall	686	163	5.3	3.3	23.9	23.8	0.2	5	0.16	33.3
		Grande	963	229	7.7	4.8	32.7	32.6	0.3	7.2	0.24	44.4
		Venti	1207	286	9.6	6.1	40.9	40.8	0.3	9.1	0.30	55.5
Chai Tea Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], water, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Short	301	73	1.2	0.1	14	14	0.3	0.5	0.08	22.2
		Tall	442	107	1.8	0.1	20.8	20.7	0.5	0.8	0.12	33.3
		Grande	608	147	2.6	0.2	28.2	28.1	0.7	1.1	0.17	44.4
		Venti	761	184	3.2	0.3	35.2	35.1	0.9	1.4	0.21	55.5
Chai Tea Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], water, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Short	380	90	2	0.3	14.3	14	0.7	3.4	0.11	22.2
		Tall	553	131	2.8	0.4	21.1	20.8	1.1	4.8	0.16	33.3
		Grande	770	182	4.1	0.6	28.7	28.2	1.5	7	0.23	44.4
		Venti	964	228	5.1	0.8	35.9	35.2	1.9	8.8	0.28	55.5
Chai Tea Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], water, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Short	451	107	3.1	0.3	18.3	14.8	1.2	0.9	0.14	22.2
		Tall	654	156	4.4	0.4	26.9	21.9	1.6	1.2	0.20	33.3
		Grande	917	218	6.4	0.6	37.1	29.8	2.4	1.8	0.29	44.4
		Venti	1149	273	8	0.8	46.4	37.3	3	2.2	0.36	55.5
Chai Tea Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], water, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Short	384	92	2.6	2.4	15.1	15	1.7	1.1	0.05	22.2
		Tall	559	134	3.7	3.3	22.3	22.2	2.4	1.5	0.08	33.3
		Grande	778	187	5.3	4.8	30.4	30.3	3.4	2.2	0.11	44.4
		Venti	975	234	6.7	6.1	38	37.9	4.3	2.7	0.14	55.5
Chamomile	Water, chamomile tea [chamomile blossoms (36%), lemongrass, blackberry leaves, nana mint, lemon balm leaves, hibiscus blossoms, rose blossom leaves, lavender blossoms, marigold blossoms]	Short	16	4	0.1	0	0.4	0.1	0.3	0.3	0.00	0
		Tall	16	4	0.1	0	0.4	0.1	0.3	0.3	0.00	0
		Grande	16	4	0.1	0	0.4	0.1	0.3	0.3	0.00	0
		Venti	32	8	0.2	0	0.7	0.1	0.6	0.5	0.01	0

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Earl Grey Tea	Water, earl grey [black tea, natural bergamot flavouring, lavender blossoms]	Short	17	4	0.1	0	0	0	0	0.7	0.00	1.1
		Tall	17	4	0.1	0	0	0	0	0.7	0.00	1.1
		Grande	17	4	0.1	0	0	0	0	0.7	0.00	1.1
		Venti	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Emperor's Clouds & Mist Tea	Water, emperor cloud mist [green tea]	Short	15	4	0.1	0	0	0	0	0.6	0.00	0.9
		Tall	15	4	0.1	0	0	0	0	0.6	0.00	0.9
		Grande	15	4	0.1	0	0	0	0	0.6	0.00	0.9
		Venti	31	7	0.2	0	0	0	0	1.3	0.00	1.8
English Breakfast Tea	Water, English breakfast tea [black tea]	Short	20	5	0.1	0	0	0	0	0.8	0.00	1.2
		Tall	20	5	0.1	0	0	0	0	0.8	0.00	1.2
		Grande	20	5	0.1	0	0	0	0	0.8	0.00	1.2
		Venti	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	2.4
Hibiscus Tea	Water, hibiscus tea [hibiscus blossoms (40%), cinnamon, flavouring, candied papaya bits (papaya, sugar), apple bits, rose hip peels, candied mango bits (mango, sugar), lemongrass, blackberry leaves, rose blossom leaves]	Short	24	6	0	0	1.1	0.8	0	0.2	0.00	0
		Tall	24	6	0	0	1.1	0.8	0	0.2	0.00	0
		Grande	24	6	0	0	1.1	0.8	0	0.2	0.00	0
		Venti	49	12	0.1	0	2.3	1.7	0.1	0.4	0.01	0
Jasmine Pearls Tea	Water, jasmine pearls [green tea Jasmine]	Short	24	6	0.2	0	0	0	0	1	0.00	1.4
		Tall	24	6	0.2	0	0	0	0	1	0.00	1.4
		Grande	24	6	0.2	0	0	0	0	1	0.00	1.4
		Venti	47	11	0.3	0.1	0.1	0.1	0	2	0.00	2.8
Matcha Green Tea Latte - skimmed milk	Skimmed milk [skimmed MILK], matcha blend [Matcha green tea]	Short	268	63	0.5	0.2	8.4	8	0.4	6.1	0.18	25.6
		Tall	443	105	0.9	0.4	13.8	13	0.9	10	0.30	52.5
		Grande	538	128	1.1	0.4	16.8	15.5	1.2	12	0.35	76.2
		Venti	723	171	1.5	0.6	22.5	20.9	1.7	16.2	0.47	102.4
Matcha Green Tea Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], matcha blend [Matcha green tea]	Short	350	83	2.9	2.8	8.2	7.8	0.4	6.1	0.18	25.6
		Tall	578	137	4.7	4.6	13.6	12.7	0.9	10	0.29	52.5
		Grande	699	166	5.6	5.5	16.4	15.2	1.2	12	0.34	76.2
		Venti	939	223	7.5	7.4	22.1	20.4	1.7	16.2	0.46	102.4
Matcha Green Tea Latte - whole milk	Whole milk [whole MILK], matcha blend [Matcha green tea]	Short	461	110	6	3.8	8	7.6	0.4	5.9	0.17	25.6
		Tall	758	180	9.8	6.2	13.3	12.4	0.9	9.7	0.28	52.5
		Grande	914	217	11.7	7.4	16.1	14.9	1.2	11.7	0.34	76.2
		Venti	1228	292	15.7	9.9	21.6	20	1.7	15.7	0.45	102.4
Matcha Green Tea Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], matcha blend [Matcha green tea]	Short	182	45	2	0.2	4.5	4.1	0.7	1.1	0.12	25.6
		Tall	304	75	3.3	0.3	7.5	6.7	1.4	1.9	0.19	52.5
		Grande	371	92	3.9	0.3	9.2	8	1.9	2.4	0.23	76.2
		Venti	499	124	5.3	0.5	12.4	10.8	2.5	3.2	0.31	102.4

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Green Tea Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], matcha blend [Matcha green tea]	Short	309	73	3.2	0.5	4.9	4.2	1.4	5.7	0.17	25.6
		Tall	510	121	5.2	0.8	8.2	6.8	2.5	9.4	0.27	52.5
		Grande	618	147	6.2	1	10	8.1	3.2	11.4	0.32	76.2
		Venti	831	197	8.4	1.3	13.5	10.9	4.2	15.3	0.43	102.4
Matcha Green Tea Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], matcha blend [Matcha green tea]	Short	425	101	5	0.5	11.5	5.5	2.1	1.6	0.21	25.6
		Tall	698	167	8.2	0.8	18.9	8.9	3.5	2.7	0.35	52.5
		Grande	843	201	9.8	1	22.8	10.7	4.4	3.4	0.42	76.2
		Venti	1133	271	13.1	1.3	30.7	14.4	6	4.5	0.56	102.4
Matcha Green Tea Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], matcha blend [Matcha green tea]	Short	316	77	4.2	3.8	6.2	5.8	2.9	1.9	0.07	25.6
		Tall	521	127	6.8	6.2	10.3	9.5	4.9	3.2	0.12	52.5
		Grande	631	153	8.2	7.4	12.6	11.3	6	4	0.14	76.2
		Venti	848	206	11	10	16.9	15.2	8.1	5.4	0.19	102.4
Mint Citrus Green Tea	Water, mint citrus tea [green tea, nana mint (25,2%), vervain, lemongrass, natural flavouring]	Short	15	4	0.1	0	0.3	0	0.2	0.3	0.00	0.3
		Tall	15	4	0.1	0	0.3	0	0.2	0.3	0.00	0.3
		Grande	15	4	0.1	0	0.3	0	0.2	0.3	0.00	0.3
		Venti	30	7	0.1	0	0.5	0	0.5	0.7	0.01	0.6
Mint Herbal Blend	Water, mint blend [nana mint (70%), peppermint leaves (25%), vervain, natural flavouring]	Short	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
		Tall	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
		Grande	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
		Venti	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Youthberry Tea	Water, youthberry tea [apple bits, white tea (17%), candied pineapple bits (pineapple, sugar), hibiscus blossoms, candied mango bits (mango, sugar), rose hip peels, natural flavouring, acai bits (acai fruit, apple, apple juice concentrate, rice flour, acid (acidifier: citric acid))]	Short	30	7	0	0	1.4	1.2	0	0.2	0.00	0.2
		Tall	30	7	0	0	1.4	1.2	0	0.2	0.00	0.2
		Grande	30	7	0	0	1.4	1.2	0	0.2	0.00	0.2
		Venti	59	14	0.1	0	2.8	2.4	0	0.5	0.01	0.4



Frozen / Iced Teas

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Shaken Iced Black Tea	Ice, Black Tea Concentrate [water, Black tea], water	Tall	0	0	0	0	0	0	0	0	0.00	0.5
		Grande	0	0	0	0	0	0	0	0	0.00	0.7
		Venti	0	0	0	0	0	0	0	0	0.00	0.8
Classic Shaken Iced Black Tea Lemonade	Ice, Black Tea Concentrate [water, Black tea], lemonade [Water, lemon juice (13.7%), sugar, natural flavouring]	Tall	135	32	0.1	0	7.4	7.4	0.1	0.1	0.00	0.5
		Grande	182	43	0.1	0	10	10	0.1	0.1	0.00	0.7
		Venti	182	43	0.1	0	9.9	9.9	0.1	0.1	0.00	0.8
Classic Shaken Iced Green Tea	Ice, Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]], water	Tall	0	0	0	0	0	0	0	0	0.00	0.6
		Grande	0	0	0	0	0	0	0	0	0.00	1
		Venti	0	0	0	0	0	0	0	0	0.00	1.1
Classic Shaken Iced Green Tea Lemonade	Ice, Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]], lemonade [Water, lemon juice (13.7%), sugar, natural flavouring]	Tall	135	32	0.1	0	7.4	7.4	0.1	0.1	0.00	0.6
		Grande	182	43	0.1	0	10	10	0.1	0.1	0.00	1
		Venti	182	43	0.1	0	9.9	9.9	0.1	0.1	0.00	1.1
Classic Shaken Hibiscus Tea	Ice, Hibiscus tea concentrate [water, hibiscus flower, acid: citric acid, natural flavouring, cinnamon, apple, licorice root, lemongrass, hibiscus fruit and elderberry extract], water	Tall	0	0	0	0	0	0	0	0	0.00	0
		Grande	0	0	0	0	0	0	0	0	0.00	0
		Venti	0	0	0	0	0	0	0	0	0.00	0
Classic Shaken Hibiscus Tea Lemonade	Ice, Hibiscus tea concentrate [water, hibiscus flower, acid: citric acid, natural flavouring, cinnamon, apple, licorice root, lemongrass, hibiscus fruit and elderberry extract], lemonade [Water, lemon juice (13.7%), sugar, natural flavouring]	Tall	135	32	0.1	0	7.4	7.4	0.1	0.1	0.00	0
		Grande	182	43	0.1	0	10	10	0.1	0.1	0.00	0
		Venti	182	43	0.1	0	9.9	9.9	0.1	0.1	0.00	0
Iced Chai Tea Latte - skimmed milk	Skimmed milk [skimmed MILK], ice, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Tall	527	125	0.5	0.2	24.5	24.4	0.2	5.3	0.18	33.3
		Grande	714	169	0.7	0.3	33	32.9	0.3	7.4	0.24	44.4
		Venti	842	199	0.8	0.3	39.6	39.5	0.3	8	0.27	55.5
Iced Chai Tea Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Tall	602	143	2.6	2.6	24.3	24.3	0.2	5.3	0.17	33.3
		Grande	817	194	3.6	3.5	32.8	32.7	0.3	7.4	0.24	44.4
		Venti	955	226	4	3.9	39.4	39.3	0.3	8	0.26	55.5
Iced Chai Tea Latte - whole milk	Whole milk [whole MILK], ice, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Tall	703	167	5.5	3.5	24.2	24.1	0.2	5.2	0.17	33.3
		Grande	957	227	7.6	4.8	32.6	32.5	0.3	7.2	0.23	44.4
		Venti	1107	263	8.3	5.2	39.2	39.1	0.3	7.8	0.26	55.5
Iced Chai Tea Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Tall	449	108	1.8	0.2	20.9	20.9	0.5	0.8	0.12	33.3
		Grande	606	146	2.5	0.2	28.1	28	0.7	1.1	0.17	44.4
		Venti	724	174	2.8	0.2	34.3	34.2	0.8	1.2	0.18	55.5
Iced Chai Tea Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], ice, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Tall	565	134	2.9	0.5	21.3	20.9	1.1	5	0.16	33.3
		Grande	765	181	4	0.6	28.6	28.1	1.5	6.9	0.22	44.4
		Venti	898	213	4.4	0.7	34.9	34.3	1.7	7.6	0.25	55.5

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Chai Tea Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Tall	670	159	4.6	0.5	27.3	22.2	1.7	1.3	0.21	33.3
		Grande	911	217	6.3	0.6	36.9	29.8	2.3	1.8	0.29	44.4
		Venti	1057	251	6.9	0.7	43.9	36.1	2.6	1.9	0.31	55.5
Iced Chai Tea Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Tall	571	137	3.8	3.5	22.5	22.5	2.5	1.6	0.08	33.3
		Grande	774	186	5.3	4.8	30.3	30.2	3.4	2.2	0.11	44.4
		Venti	907	217	5.8	5.2	36.7	36.6	3.7	2.4	0.12	55.5
Iced Matcha Green Tea Latte - skimmed milk	Skimmed milk [skimmed MILK], ice, matcha blend [Matcha green tea]	Tall	278	66	0.6	0.2	8.6	7.8	0.8	6.2	0.18	51.4
		Grande	399	95	0.8	0.3	12.3	11.1	1.3	8.8	0.25	77.7
		Venti	466	110	1	0.4	14.4	12.7	1.7	10.2	0.29	103.8
Iced Matcha Green Tea Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, matcha blend [Matcha green tea]	Tall	359	85	2.8	2.8	8.5	7.6	0.8	6.2	0.17	51.4
		Grande	513	122	4	3.9	12.1	10.9	1.3	8.8	0.25	77.7
		Venti	596	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	103.8
Iced Matcha Green Tea Latte - whole milk	Whole milk [whole MILK], ice, matcha blend [Matcha green tea]	Tall	466	111	5.9	3.7	8.3	7.5	0.8	6	0.17	51.4
		Grande	666	158	8.4	5.3	11.9	10.6	1.3	8.6	0.24	77.7
		Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	103.8
Iced Matcha Green Tea Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, matcha blend [Matcha green tea]	Tall	195	48	2	0.2	4.9	4	1.1	1.3	0.12	51.4
		Grande	280	69	2.8	0.3	7	5.7	1.7	2	0.17	77.7
		Venti	330	82	3.3	0.3	8.3	6.6	2.2	2.4	0.19	103.8
Iced Matcha Green Tea Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), ice, matcha blend [Matcha green tea]	Tall	319	76	3.1	0.5	5.3	4.1	1.8	5.9	0.16	51.4
		Grande	456	108	4.5	0.7	7.5	5.8	2.6	8.4	0.23	77.7
		Venti	531	126	5.2	0.8	8.9	6.7	3.2	9.7	0.26	103.8
Iced Matcha Green Tea Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, matcha blend [Matcha green tea]	Tall	431	103	4.9	0.5	11.7	5.4	2.4	1.8	0.21	51.4
		Grande	616	147	7	0.7	16.7	7.7	3.5	2.7	0.30	77.7
		Venti	714	171	8	0.8	19.3	8.8	4.3	3.2	0.34	103.8
Iced Matcha Green Tea Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, matcha blend [Matcha green tea]	Tall	325	79	4.1	3.7	6.5	5.7	3.2	2.2	0.07	51.4
		Grande	465	113	5.9	5.3	9.4	8.1	4.7	3.1	0.10	77.7
		Venti	542	131	6.7	6.1	11	9.3	5.6	3.7	0.12	103.8
Lemon Iced Tea	Ice, Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]], lemonade [Water, lemon juice (13.7%), sugar, natural flavouring], citrus flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid, colour: lutein, natural lemon and lime flavouring with other natural flavourings, natural orange flavouring, preservative: potassium sorbate, thickener: xanthan gum]	Tall	216	51	0.1	0	12.1	11.9	0.1	0.1	0.00	0.6
		Grande	303	72	0.1	0	17.1	16.8	0.1	0.1	0.00	1
		Venti	343	81	0.1	0	19.4	19	0.1	0.1	0.00	1.1
Peach Iced Tea	Ice, Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]], lemonade [Water, lemon juice (13.7%), sugar, natural flavouring], peach flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid, colours: paprika extract, anthocyanins; preservative: potassium sorbate, thickener: xanthan gum]	Tall	217	51	0.1	0	12.3	12	0.1	0.1	0.00	0.6
		Grande	306	72	0.1	0	17.3	16.9	0.1	0.1	0.00	1
		Venti	347	82	0.1	0	19.7	19.2	0.1	0.1	0.00	1.1



Cold Craft

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew	Cold brew diluted (as consumed) [arabica coffee], ice	Tall	74	17	0.6	0.2	1.7	0.1	1.1	0.8	0.01	193.3
		Grande	101	23	0.9	0.3	2.3	0.1	1.4	1.2	0.01	264.7
		Venti	108	25	0.9	0.3	2.5	0.2	1.5	1.2	0.02	285.1
Cold Brew Latte - skimmed milk	Skimmed milk [skimmed MILK], cold brew concentrate [arabica coffee], cold brew concentrate [arabica coffee], ice	Tall	291	69	0.8	0.3	8.7	7.9	0.5	6.4	0.19	159.1
		Grande	402	95	1.1	0.4	12.2	11.3	0.6	8.9	0.26	166.5
		Venti	464	110	1.2	0.5	14	13	0.7	10.3	0.30	204.7
Cold Brew Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], cold brew concentrate [arabica coffee], cold brew concentrate [arabica coffee], ice	Tall	373	88	3.1	2.9	8.6	7.7	0.5	6.4	0.18	159.1
		Grande	520	123	4.3	4.1	12	11.1	0.6	8.9	0.26	166.5
		Venti	598	142	5	4.7	13.8	12.7	0.7	10.3	0.30	204.7
Cold Brew Latte - whole milk	Whole milk [whole MILK], cold brew concentrate [arabica coffee], cold brew concentrate [arabica coffee], ice	Tall	482	114	6.2	3.9	8.4	7.6	0.5	6.2	0.18	159.1
		Grande	677	161	8.8	5.5	11.7	10.9	0.6	8.7	0.25	166.5
		Venti	778	185	10.1	6.3	13.5	12.4	0.7	10	0.29	204.7
Cold Brew Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], cold brew concentrate [arabica coffee], cold brew concentrate [arabica coffee], ice	Tall	206	51	2.3	0.3	4.9	4.1	0.9	1.5	0.12	159.1
		Grande	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5
		Venti	324	80	3.6	0.4	7.7	6.7	1.2	2.2	0.20	204.7
Cold Brew Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], cold brew concentrate [arabica coffee], cold brew concentrate [arabica coffee], ice	Tall	332	79	3.4	0.6	5.3	4.1	1.5	6.1	0.17	159.1
		Grande	461	109	4.8	0.8	7.3	5.9	2	8.5	0.24	166.5
		Venti	531	126	5.5	0.9	8.4	6.8	2.3	9.7	0.28	204.7
Cold Brew Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], cold brew concentrate [arabica coffee], cold brew concentrate [arabica coffee], ice	Tall	446	106	5.2	0.6	11.8	5.4	2.2	2	0.22	159.1
		Grande	626	149	7.4	0.8	16.7	7.8	2.9	2.6	0.31	166.5
		Venti	719	171	8.5	0.9	19.1	8.9	3.4	3	0.36	204.7
Cold Brew Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], cold brew concentrate [arabica coffee], cold brew concentrate [arabica coffee], ice	Tall	339	82	4.4	3.9	6.6	5.8	3	2.3	0.08	159.1
		Grande	470	114	6.2	5.5	9.2	8.3	4.1	3	0.11	166.5
		Venti	542	131	7.1	6.3	10.5	9.5	4.7	3.5	0.13	204.7
Clotted Cream Fudge Cold Brew	Cold brew as brewed [arabica coffee], ice, whipping cream (MILK), whole MILK , water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Glucose Syrup, Sugar, Water, Condensed MILK , Unsalted Butter (MILK), Glycerol, Modified Maize Starch, Natural Flavourings, Devon Cream (MILK), SOYA Lecithin, Potassium Sorbate, Xanthan Gum, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, clotted cream fudge topping [Flour (Thiamin, Iron, Niacin, Calcium, WHEAT Flour), Sugar, Water, Clotted Cream Fudge (Sugar, Sweetened Condensed Milk (MILK , Sugar), Glucose Syrup, Salted Butter (Salt, MILK), Clotted Cream (From Cows MILK) (Milk Fat (From Cows MILK), Milk Fat (From Cows MILK)), Invert Sugar Syrup, SOYA Lecithin, Salt), Rapeseed Oil, Natural Flavourings, Sodium Bicarbonate, Sodium Chloride]	Tall	872	208	12.2	7.4	22.8	17.6	1.1	1.6	0.11	189
		Grande	1091	260	14.5	8.8	30	23.7	1.4	2	0.13	252
		Venti	1240	295	15.9	9.6	35.7	28.8	1.5	2.1	0.15	261
Nitro Cold Brew	Cold brew as brewed [arabica coffee]	Tall	248	58	1.7	0.3	0	0	1.7	14.6	0.42	61.1
		Grande	335	78	2.3	0.5	0	0	2.3	19.7	0.57	82.5
		Venti	414	96	2.8	0.6	0	0	2.8	24.4	0.71	102.1
Nitro Cappuccino	Cold brew as brewed [arabica coffee], skimmed milk [skimmed MILK]	Tall	234	55	1.3	0.3	2.2	2.2	1.1	11.3	0.33	40.9
		Grande	302	71	1.6	0.4	2.9	2.9	1.4	14.5	0.43	51.9
		Venti	358	84	2	0.4	3.2	3.2	1.8	17.4	0.51	63.3
Nitro Latte	Cold brew as brewed [arabica coffee], Vanilla Cream Foam [skimmed MILK , whipping cream (MILK), vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate]]	Tall	722	172	11.7	6.8	7	7	1.3	12.6	0.39	45
		Grande	915	219	15	8.7	9	8.9	1.5	15.6	0.48	55.2
		Venti	1083	259	17.5	10	10.4	10.3	2	19.6	0.60	70.4

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Iced Coffee

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Iced Cappuccino - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	231	55	0.5	0.2	7.3	6.5	0.3	5	0.15	89.1
		Grande	343	81	0.8	0.3	10.8	10	0.3	7.6	0.23	89.1
		Venti	375	89	0.9	0.4	11.8	10.6	0.4	8.2	0.24	133.7
Classic Iced Cappuccino - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	297	71	2.4	2.3	7.1	6.3	0.3	5	0.14	89.1
		Grande	446	106	3.6	3.5	10.6	9.8	0.3	7.6	0.22	89.1
		Venti	484	115	3.9	3.8	11.6	10.4	0.4	8.2	0.24	133.7
Classic Iced Cappuccino - whole milk	Whole milk [whole MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	386	92	4.9	3.1	7	6.2	0.3	4.9	0.14	89.1
		Grande	584	139	7.6	4.8	10.4	9.6	0.3	7.4	0.22	89.1
		Venti	630	150	8	5.1	11.4	10.2	0.4	8	0.23	133.7
Classic Iced Cappuccino - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	162	40	1.7	0.2	4.2	3.3	0.5	1.1	0.10	89.1
		Grande	235	59	2.6	0.2	6	5.2	0.7	1.4	0.15	89.1
		Venti	262	65	2.8	0.3	6.7	5.5	0.8	1.7	0.16	133.7
Classic Iced Cappuccino - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	264	63	2.7	0.4	4.5	3.4	1.1	4.8	0.13	89.1
		Grande	394	94	4.1	0.7	6.5	5.2	1.5	7.2	0.21	89.1
		Venti	430	102	4.3	0.7	7.2	5.6	1.7	7.8	0.22	133.7
Classic Iced Cappuccino - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	357	85	4.1	0.4	9.8	4.5	1.6	1.5	0.17	89.1
		Grande	538	129	6.3	0.7	14.7	6.9	2.3	2.1	0.27	89.1
		Venti	582	139	6.7	0.7	15.9	7.3	2.6	2.4	0.28	133.7
Classic Iced Cappuccino - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	269	66	3.4	3.1	5.5	4.7	2.3	1.7	0.06	89.1
		Grande	402	98	5.3	4.8	8.1	7.3	3.4	2.5	0.09	89.1
		Venti	438	107	5.7	5.1	9	7.8	3.7	2.8	0.10	133.7
Iced Americano	Water, ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
		Grande	44	11	0.2	0.1	1.4	0.1	0.4	0.6	0.00	133.7
		Venti	59	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Iced Brown Sugar Shaken Espresso - skimmed milk	Ice, skimmed milk [skimmed MILK], blonde roast (as consumed) [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	310	73	0.5	0.2	12.7	12	0.3	4.3	0.13	85.5
		Grande	415	99	0.6	0.2	17.5	16.4	0.4	5.4	0.16	128.2
		Venti	513	122	0.7	0.3	22.1	20.5	0.5	6.2	0.18	171
Iced Brown Sugar Shaken Espresso - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], blonde roast (as consumed) [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	367	87	2.1	2	12.6	11.8	0.3	4.3	0.12	85.5
		Grande	485	115	2.6	2.4	17.4	16.2	0.4	5.4	0.15	128.2
		Venti	593	141	3	2.8	21.9	20.4	0.5	6.2	0.17	171
Iced Brown Sugar Shaken Espresso - whole milk	Ice, whole milk [whole MILK], blonde roast (as consumed) [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	444	106	4.3	2.7	12.5	11.7	0.3	4.2	0.12	85.5
		Grande	579	138	5.2	3.3	17.3	16.1	0.4	5.2	0.15	128.2
		Venti	700	167	6	3.8	21.8	20.2	0.5	6.1	0.17	171
Iced Brown Sugar Shaken Espresso - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], blonde roast (as consumed) [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	250	61	1.5	0.2	10	9.3	0.5	0.9	0.08	85.5
		Grande	342	83	1.9	0.2	14.3	13.1	0.7	1.2	0.10	128.2
		Venti	430	104	2.2	0.2	18.4	16.8	0.9	1.4	0.12	171
Iced Brown Sugar Shaken Espresso - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), blonde roast (as consumed) [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	338	80	2.3	0.4	10.3	9.3	1	4.1	0.12	85.5
		Grande	450	107	2.9	0.5	14.6	13.2	1.2	5.1	0.14	128.2
		Venti	553	131	3.3	0.6	18.7	16.9	1.5	5.9	0.16	171
Iced Brown Sugar Oat Shaken Espresso - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], blonde roast (as consumed) [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	419	100	3.6	0.4	14.9	10.2	1.4	1.2	0.15	85.5
		Grande	548	131	4.4	0.5	20.2	14.3	1.8	1.6	0.18	128.2
		Venti	665	159	5.1	0.6	25.1	18.1	2.1	1.9	0.21	171

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Brown Sugar Shaken Espresso - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], blonde roast (as consumed) [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	343	83	3	2.7	11.2	10.5	2	1.5	0.05	85.5
		Grande	456	110	3.7	3.3	15.7	14.6	2.5	1.9	0.06	128.2
		Venti	559	135	4.3	3.8	20	18.5	2.9	2.2	0.07	171
Iced Cappuccino with Cold Foam	Ice, skimmed milk [skimmed MILK], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], simple syrup [sugar, water, preservative: potassium sorbate, acid: citric acid]	Tall	230	54	0.4	0.1	9.6	8.8	0.3	3	0.08	89.1
		Grande	302	72	0.4	0.2	13.1	12.3	0.3	3.7	0.10	89.1
		Venti	396	94	0.6	0.2	17.2	16	0.4	4.7	0.13	133.7
Iced Caramel Macchiato - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Tall	528	125	1.7	0.9	20.6	19.3	0.3	6.6	0.23	89.1
		Grande	717	170	2	1	28.2	26.9	0.3	9.6	0.32	89.1
		Venti	801	190	2.1	1.1	32.5	30.7	0.4	10	0.33	133.7
Iced Caramel Macchiato - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Tall	616	146	4.2	3.7	20.4	19.1	0.3	6.6	0.22	89.1
		Grande	847	201	5.6	5.1	27.9	26.6	0.3	9.6	0.31	89.1
		Venti	933	222	5.8	5.2	32.2	30.4	0.4	10	0.32	133.7
Iced Caramel Macchiato - whole milk	Whole milk [whole MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Tall	733	174	7.5	4.7	20.2	18.9	0.3	6.4	0.22	89.1
		Grande	1020	242	10.5	6.6	27.7	26.3	0.3	9.3	0.31	89.1
		Venti	1111	264	10.8	6.8	32	30.2	0.4	9.7	0.31	133.7
Iced Caramel Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Tall	437	106	3.3	0.9	16.5	15.2	0.6	1.4	0.16	89.1
		Grande	582	141	4.2	1	22.1	20.8	0.8	1.8	0.22	89.1
		Venti	664	161	4.4	1	26.3	24.5	0.9	2	0.23	133.7
Iced Caramel Macchiato - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Tall	572	136	4.5	1.2	16.9	15.3	1.3	6.3	0.21	89.1
		Grande	782	185	6.1	1.5	22.8	20.9	1.8	9	0.29	89.1
		Venti	867	206	6.3	1.5	27	24.6	2	9.4	0.30	133.7
Iced Caramel Macchiato - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Tall	695	166	6.4	1.2	23.9	16.7	2	1.9	0.26	89.1
		Grande	963	229	9	1.5	33.1	23	2.9	2.6	0.37	89.1
		Venti	1052	251	9.2	1.5	37.5	26.7	3.1	2.8	0.38	133.7
Iced Caramel Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.]	Tall	579	139	5.6	4.7	18.3	17	2.9	2.2	0.11	89.1
		Grande	792	191	7.7	6.7	24.8	23.5	4.2	3.1	0.15	89.1
		Venti	878	211	7.9	6.8	29.1	27.2	4.4	3.3	0.15	133.7

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Latte - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	268	64	0.6	0.2	8.4	7.6	0.3	5.9	0.17	89.1
		Grande	410	97	0.9	0.4	12.9	12.1	0.3	9.2	0.28	89.1
		Venti	421	100	0.9	0.4	13.3	12	0.4	9.3	0.27	133.7
Iced Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	346	83	2.8	2.7	8.3	7.5	0.3	5.9	0.17	89.1
		Grande	536	128	4.4	4.3	12.7	11.9	0.3	9.2	0.27	89.1
		Venti	545	130	4.4	4.3	13	11.8	0.4	9.3	0.27	133.7
Iced Latte - whole milk	Whole milk [whole MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	451	108	5.8	3.6	8.1	7.3	0.3	5.7	0.17	89.1
		Grande	704	168	9.2	5.8	12.4	11.6	0.3	8.9	0.26	89.1
		Venti	711	170	9.1	5.7	12.8	11.5	0.4	9	0.26	133.7
Iced Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	186	46	2	0.2	4.8	3.9	0.6	1.2	0.11	89.1
		Grande	280	70	3.1	0.3	7.1	6.3	0.8	1.6	0.18	89.1
		Venti	292	73	3.1	0.3	7.4	6.2	0.9	1.8	0.18	133.7
Iced Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	307	73	3.1	0.5	5.1	4	1.2	5.6	0.16	89.1
		Grande	473	113	4.9	0.8	7.7	6.4	1.8	8.7	0.25	89.1
		Venti	483	115	4.9	0.8	8	6.3	1.9	8.8	0.25	133.7
Iced Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	417	100	4.8	0.5	11.4	5.3	1.8	1.7	0.21	89.1
		Grande	649	155	7.7	0.8	17.7	8.4	2.8	2.4	0.33	89.1
		Venti	656	157	7.6	0.8	18	8.3	2.9	2.6	0.32	133.7
Iced Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	313	76	4.1	3.7	6.4	5.6	2.6	2	0.07	89.1
		Grande	483	118	6.4	5.8	9.7	8.9	4	2.9	0.11	89.1
		Venti	493	120	6.4	5.8	10	8.8	4.1	3.1	0.11	133.7
Iced Latte Macchiato - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	295	70	0.7	0.3	9.3	8.5	0.3	6.5	0.19	89.1
		Grande	423	100	0.9	0.4	13.3	12.5	0.3	9.5	0.29	89.1
		Venti	446	106	1	0.4	14	12.8	0.4	9.9	0.29	133.7
Iced Latte Macchiato - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	383	91	3.1	3	9.1	8.3	0.3	6.5	0.19	89.1
		Grande	552	132	4.5	4.4	13.1	12.3	0.3	9.5	0.28	89.1
		Venti	578	138	4.7	4.6	13.8	12.6	0.4	9.9	0.29	133.7
Iced Latte Macchiato - whole milk	Whole milk [whole MILK], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	500	119	6.4	4.1	9	8.1	0.3	6.4	0.18	89.1
		Grande	726	173	9.5	6	12.8	12	0.3	9.2	0.27	89.1
		Venti	755	180	9.7	6.1	13.5	12.3	0.4	9.6	0.28	133.7
Iced Latte Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	204	51	2.2	0.2	5.2	4.4	0.6	1.3	0.13	89.1
		Grande	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
		Venti	308	77	3.3	0.3	7.9	6.6	0.9	1.9	0.19	133.7
Iced Latte Macchiato - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	339	81	3.5	0.6	5.6	4.5	1.3	6.2	0.18	89.1
		Grande	488	116	5.1	0.8	7.9	6.6	1.8	9	0.26	89.1
		Venti	512	122	5.2	0.9	8.5	6.7	2	9.3	0.27	133.7
Iced Latte Macchiato - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	462	110	5.4	0.6	12.6	5.9	2	1.8	0.23	89.1
		Grande	669	160	7.9	0.8	18.3	8.6	2.9	2.5	0.34	89.1
		Venti	697	167	8.1	0.9	19.1	8.9	3.1	2.7	0.35	133.7
Iced Latte Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Tall	346	84	4.5	4.1	7	6.2	2.9	2.2	0.08	89.1
		Grande	498	121	6.6	6	10	9.2	4.2	3	0.12	89.1
		Venti	523	127	6.8	6.2	10.6	9.4	4.4	3.3	0.12	133.7

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Mocha - skimmed milk	Ice, skimmed milk [skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	969	232	11.3	7.8	23.7	21.9	2.2	7.8	0.16	89.1
		Grande	1334	319	15	10.3	33	30.9	2.8	11.6	0.25	89.1
		Venti	1433	343	15.5	10.6	37.2	34.3	3.6	11.8	0.22	133.7
Iced Mocha - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1027	246	12.9	9.6	23.6	21.7	2.2	7.8	0.15	89.1
		Grande	1431	342	17.7	13.3	32.9	30.7	2.8	11.6	0.24	89.1
		Venti	1517	363	17.8	13.3	37	34.1	3.6	11.8	0.22	133.7
Iced Mocha - whole milk	Ice, whole milk [whole MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1105	264	15.1	10.3	23.4	21.6	2.2	7.7	0.15	89.1
		Grande	1560	373	21.3	14.5	32.7	30.5	2.8	11.4	0.24	89.1
		Venti	1629	389	21	14.2	36.8	34	3.6	11.6	0.22	133.7
Iced Mocha - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural Flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	908	219	12.3	7.7	20.9	19.1	2.4	4.3	0.11	89.1
		Grande	1234	298	16.7	10.3	28.5	26.4	3.2	5.8	0.18	89.1
		Venti	1346	324	17	10.6	33.3	30.4	3.9	6.7	0.16	133.7
Iced Mocha - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	998	239	13.1	8	21.2	19.2	2.9	7.6	0.14	89.1
		Grande	1382	331	18.1	10.6	29	26.5	3.9	11.2	0.23	89.1
		Venti	1475	353	18.2	10.9	33.7	30.4	4.6	11.4	0.21	133.7
Iced Mocha - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1079	259	14.4	8	25.9	20.1	3.3	4.7	0.18	89.1
		Grande	1517	363	20.2	10.6	36.7	28	4.7	6.4	0.29	89.1
		Venti	1592	381	20	10.9	40.3	31.8	5.2	7.3	0.26	133.7
Iced Mocha - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1002	241	13.8	10.3	22.2	20.3	3.9	4.9	0.08	89.1
		Grande	1390	334	19.2	14.5	30.5	28.4	5.7	6.8	0.12	89.1
		Venti	1482	356	19.2	14.3	35	32.1	6.1	7.6	0.11	133.7
Iced White Mocha - skimmed milk	Ice, skimmed milk [skimmed MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1149	274	12.3	8.9	33.8	33	0.3	7	0.33	89.1
		Grande	1581	377	16.3	11.8	46.7	45.9	0.3	10.6	0.49	89.1
		Venti	1745	416	17.2	12.5	54.4	53.2	0.5	10.7	0.52	133.7
Iced White Mocha - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1207	288	13.9	10.7	33.7	32.8	0.3	7	0.33	89.1
		Grande	1680	401	19.1	14.9	46.5	45.7	0.3	10.6	0.48	89.1
		Venti	1833	438	19.6	15.3	54.2	53	0.5	10.7	0.52	133.7

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced White Mocha - whole milk	Ice, whole milk [whole MILK], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1286	307	16.1	11.4	33.5	32.7	0.3	6.9	0.32	89.1
		Grande	1813	433	22.8	16.1	46.3	45.5	0.3	10.4	0.48	89.1
		Venti	1951	466	23	16.3	54	52.8	0.5	10.5	0.51	133.7
Iced White Mocha - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1088	261	13.3	8.9	31	30.2	0.5	3.5	0.29	89.1
		Grande	1477	355	18	11.7	42.1	41.3	0.7	4.7	0.41	89.1
		Venti	1653	397	18.7	12.4	50.2	49	0.8	5.4	0.46	133.7
Iced White Mocha - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1178	281	14.1	9.1	31.3	30.3	1	6.8	0.32	89.1
		Grande	1630	389	19.5	12.1	42.5	41.3	1.5	10.3	0.47	89.1
		Venti	1789	427	20	12.8	50.7	49.1	1.5	10.4	0.50	133.7
Iced White Mocha - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1260	301	15.4	9.1	36	31.2	1.5	3.8	0.35	89.1
		Grande	1769	423	21.7	12.1	50.5	42.9	2.3	5.3	0.53	89.1
		Venti	1913	457	21.9	12.8	57.7	50.5	2.3	5.9	0.56	133.7
Iced White Mocha - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1183	284	14.8	11.4	32.2	31.4	2.1	4.1	0.25	89.1
		Grande	1638	393	20.7	16.1	44.1	43.3	3.3	5.7	0.36	89.1
		Venti	1796	430	21	16.3	52.1	50.9	3.1	6.3	0.41	133.7
Starbucks Doubleshot™ Iced Coffee	Ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], Half and Half Cream Mix [whole MILK , whipping cream (MILK)]	Mini	354	86	8	5	2.2	1.4	0.3	1	0.03	89.1
Starbucks Doubleshot™ Vanilla Iced Coffee	Ice, espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee], Half and Half Cream Mix [whole MILK , whipping cream (MILK)], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Mini	422	102	8	5	6.2	5.3	0.3	1	0.03	89.1
Vanilla Iced Latte - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	439	104	0.6	0.2	18.5	17.4	0.2	5.8	0.21	66.2
		Grande	630	149	0.9	0.3	26.2	25.1	0.2	8.8	0.30	66.2
		Venti	696	165	1	0.3	29.7	28.1	0.3	8.9	0.32	99.2
Vanilla Iced Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	509	120	2.6	2.4	18.3	17.3	0.2	5.8	0.21	66.2
		Grande	743	176	4.1	3.9	26	24.8	0.2	8.8	0.30	66.2
		Venti	803	190	4	3.7	29.5	27.9	0.3	8.9	0.31	99.2

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Vanilla Iced Latte - whole milk	Whole milk [whole MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	602	143	5.3	3.2	18.2	17.1	0.2	5.7	0.20	66.2
		Grande	894	212	8.3	5.2	25.7	24.6	0.2	8.6	0.29	66.2
		Venti	947	225	8.1	5	29.3	27.7	0.3	8.7	0.31	99.2
Vanilla Iced Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	366	88	1.9	0.2	15.2	14.1	0.5	1.6	0.16	66.2
		Grande	513	124	2.9	0.3	20.9	19.8	0.7	2.1	0.22	66.2
		Venti	585	141	2.9	0.3	24.7	23.1	0.8	2.5	0.24	99.2
Vanilla Iced Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	474	112	2.9	0.5	15.5	14.2	1.1	5.6	0.20	66.2
		Grande	687	162	4.5	0.7	21.5	19.9	1.6	8.4	0.28	66.2
		Venti	750	177	4.4	0.7	25.2	23.2	1.6	8.5	0.30	99.2
Vanilla Iced Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	571	136	4.4	0.5	21.1	15.3	1.6	2.1	0.24	66.2
		Grande	844	201	7	0.7	30.5	21.7	2.5	2.7	0.35	66.2
		Venti	900	214	6.8	0.7	33.8	24.9	2.5	3.1	0.36	99.2
Vanilla Iced Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	479	115	3.7	3.3	16.7	15.6	2.3	2.3	0.32	66.2
		Grande	696	167	5.9	5.2	23.3	22.1	3.6	3.2	0.48	66.2
		Venti	758	182	5.7	5	27	25.3	3.6	3.6	0.49	99.2
Pink Coconut Starbucks Refresha® Drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], strawberry & acai flavour beverage base [Water, sugar, grape juice concentrate, green coffee extract, acid: citric acid, colouring concentrate from carrot, antioxidant: ascorbic acid, natural flavouring, preservative: potassium sorbate, colour: beta-carotene from blakeslea trispora.], freeze dried strawberry pieces [Freeze Dried Strawberry Slices]	Tall	466	111	2.6	2.3	19.6	19.3	2	1.3	0.05	8.4
		Grande	604	144	3.4	3	25.3	25.1	2.5	1.7	0.07	11.1
		Venti	739	176	4.1	3.6	31.3	30.9	2.9	2	0.08	14
Strawberry Acai Starbucks Refresha® Drink	Ice, strawberry & acai flavour beverage base [Water, sugar, grape juice concentrate, green coffee extract, acid: citric acid, colouring concentrate from carrot, antioxidant: ascorbic acid, natural flavouring, preservative: potassium sorbate, colour: beta-carotene from blakeslea trispora.], water, freeze dried strawberry pieces [Freeze Dried Strawberry Slices]	Tall	288	68	0.1	0	16.1	15.9	0.5	0.3	0.01	8.4
		Grande	368	86	0.1	0	20.8	20.5	0.5	0.4	0.01	11.1
		Venti	452	106	0.1	0	25.7	25.4	0.5	0.4	0.01	14
Cool Lime Starbucks Refresha® Drink	Ice, water, cool lime base [Ingredients: Water, sugar, white grape juice concentrate, flavouring, green coffee extract, antioxidants (citric acid E330, ascorbic acid E300)], freeze dried lime slice [freeze dried lime slices]	Tall	226	53	0.1	0	12.7	12.2	0.4	0.2	0.04	34.1
		Grande	318	75	0.1	0	18.1	17.4	0.4	0.3	0.05	49
		Venti	387	91	0.1	0	22	21.3	0.4	0.3	0.06	60.1



Frappuccino®
Blended Beverage

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	769	183	7.7	5.3	25.6	24.6	0.1	2.7	0.33	16
		Tall	1093	260	11.2	7.8	35.6	34.3	0.1	3.9	0.46	23.1
		Grande	1401	334	14.4	10	45.6	44	0.2	5	0.59	30.8
		Venti	1575	375	14.6	10.1	54.9	53	0.2	5.2	0.72	39.5
Caramel Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	796	190	8.4	6.1	25.6	24.6	0.1	2.7	0.32	16
		Tall	1132	270	12.3	9	35.5	34.2	0.1	3.9	0.46	23.1
		Grande	1451	346	15.8	11.6	45.5	43.9	0.2	5	0.59	30.8
		Venti	1626	387	16.1	11.7	54.8	52.9	0.2	5.2	0.71	39.5
Caramel Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	832	198	9.4	6.4	25.5	24.5	0.1	2.6	0.32	16
		Tall	1184	282	13.8	9.5	35.4	34.2	0.1	3.8	0.46	23.1
		Grande	1517	362	17.7	12.2	45.4	43.8	0.2	4.9	0.59	30.8
		Venti	1694	403	18	12.3	54.7	52.8	0.2	5.1	0.71	39.5
Caramel Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	741	177	8.1	5.3	24.3	23.4	0.2	1.1	0.31	16
		Tall	1052	252	11.9	7.8	33.8	32.5	0.3	1.5	0.43	23.1
		Grande	1350	323	15.3	10	43.3	41.7	0.4	2	0.56	30.8
		Venti	1522	364	15.5	10.1	52.6	50.6	0.4	2.2	0.68	39.5
Caramel Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	783	187	8.5	5.4	24.5	23.4	0.4	2.6	0.32	16
		Tall	1112	265	12.5	7.9	34	32.5	0.6	3.7	0.45	23.1
		Grande	1426	340	16	10.2	43.5	41.7	0.8	4.8	0.59	30.8
		Venti	1601	381	16.3	10.3	52.8	50.7	0.8	5	0.71	39.5

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	820	196	9.1	5.4	26.6	23.8	0.6	1.2	0.34	16
		Tall	1167	278	13.3	7.9	37.1	33.1	0.9	1.8	0.48	23.1
		Grande	1495	357	17.1	10.2	47.5	42.5	1.2	2.3	0.61	30.8
		Venti	1672	398	17.4	10.3	56.9	51.5	1.2	2.5	0.74	39.5
Caramel Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	785	188	8.9	6.5	24.9	23.9	0.9	1.3	0.29	16
		Tall	1115	267	12.9	9.5	34.6	33.3	1.3	1.9	0.41	23.1
		Grande	1430	342	16.6	12.2	44.3	42.7	1.7	2.5	0.53	30.8
		Venti	1605	383	16.9	12.4	53.6	51.7	1.8	2.7	0.65	39.5
Caramel Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	750	179	7.7	5.3	24.2	23.4	0	3.2	0.35	0
		Tall	1013	242	11.2	7.8	31.1	30.1	0	4.2	0.45	0
		Grande	1339	320	14.4	10	41.7	40.5	0	5.8	0.62	0
		Venti	1515	361	14.6	10.2	51	49.5	0	6.4	0.76	0
Caramel Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	788	188	8.7	6.5	24.1	23.3	0	3.2	0.35	0
		Tall	1063	254	12.6	9.3	31	30	0	4.2	0.45	0
		Grande	1408	336	16.3	12.2	41.5	40.3	0	5.8	0.61	0
		Venti	1593	380	16.8	12.6	50.8	49.3	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	839	200	10.2	7	24.1	23.3	0	3.1	0.34	0
		Tall	1129	270	14.4	9.9	30.9	29.9	0	4.1	0.44	0
		Grande	1500	358	18.9	13	41.4	40.2	0	5.7	0.61	0
		Venti	1697	405	19.7	13.5	50.6	49.2	0	6.3	0.75	0
Caramel Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	710	170	8.3	5.3	22.4	21.6	0.2	0.9	0.32	0
		Tall	962	231	12	7.7	28.7	27.8	0.2	1.3	0.41	0
		Grande	1267	304	15.6	10	38.5	37.2	0.3	1.7	0.57	0
		Venti	1435	344	16	10.1	47.3	45.8	0.3	1.8	0.70	0

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	769	183	8.9	5.4	22.6	21.7	0.5	3.1	0.34	0
		Tall	1038	248	12.7	7.9	29	27.8	0.6	4	0.44	0
		Grande	1373	328	16.6	10.3	38.8	37.3	0.8	5.5	0.60	0
		Venti	1554	371	17.1	10.4	47.7	45.9	0.9	6.1	0.74	0
Caramel Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	822	196	9.7	5.4	25.7	22.3	0.8	1.1	0.36	0
		Tall	1108	265	13.8	7.9	32.9	28.6	1	1.6	0.47	0
		Grande	1469	351	18.1	10.3	44.3	38.4	1.4	2.1	0.64	0
		Venti	1663	397	18.8	10.4	53.9	47.2	1.6	2.3	0.79	0
Caramel Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono- and diglycerides of fatty acids; acidity regulator: sodium citrates, salt, stabiliser: triphosphates, anti-foaming agent: dimethyl polysiloxane.], caramel flavour syrup [Water, sugar, natural flavouring, preservative: potassium sorbate, caramel sugar syrup, acid: citric acid, stabiliser: xanthan gum]	Mini	772	185	9.3	7	23.2	22.4	1.2	1.3	0.30	0
		Tall	1042	250	13.3	9.9	29.8	28.8	1.5	1.8	0.38	0
		Grande	1379	331	17.4	13	39.9	38.7	2.1	2.4	0.53	0
		Venti	1560	374	18	13.5	48.9	47.5	2.3	2.6	0.66	0
Chai Tea Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Mini	602	144	6.2	4.4	18.9	18.6	0	3	0.29	7.3
		Tall	845	202	9.5	6.7	25.1	24.7	0.1	4	0.38	9.5
		Grande	1205	288	12.6	8.9	38	37.4	0.1	5.5	0.55	18.3
		Venti	1306	312	12.6	8.9	43.5	42.7	0.1	6	0.66	17.5
Chai Tea Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Mini	638	152	7.2	5.5	18.8	18.5	0	3	0.29	7.3
		Tall	893	213	10.8	8.2	25	24.6	0.1	4	0.38	9.5
		Grande	1271	304	14.4	11	37.9	37.3	0.1	5.5	0.54	18.3
		Venti	1378	329	14.6	11.2	43.3	42.5	0.1	6	0.66	17.5
Chai Tea Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Mini	687	164	8.6	6	18.8	18.4	0	2.9	0.29	7.3
		Tall	957	229	12.6	8.8	24.9	24.5	0.1	3.9	0.38	9.5
		Grande	1360	325	16.9	11.8	37.8	37.1	0.1	5.4	0.54	18.3
		Venti	1476	352	17.4	12.1	43.2	42.4	0.1	5.8	0.65	17.5

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Mini	564	136	6.9	4.4	17.2	16.9	0.2	0.8	0.26	7.3
		Tall	796	192	10.3	6.7	22.9	22.5	0.2	1.1	0.35	9.5
		Grande	1136	273	13.7	8.9	34.9	34.3	0.4	1.5	0.50	18.3
		Venti	1230	296	13.9	8.9	40.1	39.3	0.4	1.6	0.61	17.5
Chai Tea Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Mini	620	148	7.4	4.5	17.4	16.9	0.5	2.8	0.28	7.3
		Tall	869	208	11	6.9	23.1	22.5	0.6	3.8	0.37	9.5
		Grande	1238	296	14.7	9.1	35.2	34.3	0.9	5.2	0.53	18.3
		Venti	1342	320	14.9	9.2	40.4	39.3	1	5.7	0.65	17.5
Chai Tea Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Mini	671	160	8.2	4.5	20.3	17.5	0.8	1	0.31	7.3
		Tall	936	224	12.1	6.9	26.9	23.3	1	1.4	0.40	9.5
		Grande	1331	318	16.1	9.1	40.6	35.4	1.4	1.9	0.57	18.3
		Venti	1444	345	16.5	9.2	46.2	40.5	1.6	2	0.69	17.5
Chai Tea Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], classic chai [Brewed tea with spices and flavourings (54%) (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), fructose syrup, water, sugar, ginger juice, natural vanilla flavouring with other natural flavourings, acid: citric acid, stabiliser: xanthan gum, sweeteners: acesulfame k, sucralose]	Mini	623	149	7.8	6	18	17.6	1.1	1.2	0.24	7.3
		Tall	873	210	11.6	8.8	23.9	23.4	1.5	1.6	0.32	9.5
		Grande	1243	298	15.5	11.8	36.3	35.7	2.1	2.2	0.46	18.3
		Venti	1348	323	15.8	12.1	41.6	40.8	2.3	2.3	0.57	17.5
Chocolate Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	660	157	6.7	4.7	20.1	19.5	0.6	3.9	0.30	0
		Tall	942	225	10.2	7.1	27.6	26.8	0.8	5.3	0.41	0
		Grande	1282	306	13.5	9.5	38.4	37.2	1.1	7.3	0.57	0
		Venti	1434	342	13.7	9.6	46	44.5	1.3	8	0.68	0
Chocolate Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	697	166	7.8	5.9	20	19.4	0.6	3.9	0.30	0
		Tall	992	237	11.6	8.7	27.5	26.6	0.8	5.3	0.41	0
		Grande	1353	323	15.4	11.7	38.3	37.1	1.1	7.3	0.57	0
		Venti	1510	360	15.8	12	45.8	44.3	1.3	8	0.68	0
Chocolate Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	747	178	9.2	6.3	20	19.3	0.6	3.8	0.29	0
		Tall	1061	253	13.5	9.3	27.4	26.5	0.8	5.2	0.40	0
		Grande	1447	346	18.1	12.5	38.2	36.9	1.1	7.1	0.57	0
		Venti	1611	384	18.7	12.9	45.7	44.2	1.3	7.9	0.68	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chocolate Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	621	149	7.4	4.7	18.4	17.7	0.7	1.6	0.27	0
		Tall	889	214	11.1	7.1	25.2	24.4	1	2.3	0.37	0
		Grande	1209	291	14.7	9.4	35.1	33.9	1.4	3.1	0.52	0
		Venti	1356	326	15	9.6	42.5	40.9	1.6	3.5	0.63	0
Chocolate Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2), creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	678	162	7.9	4.8	18.5	17.7	1	3.7	0.29	0
		Tall	967	231	11.8	7.3	25.5	24.4	1.4	5.1	0.40	0
		Grande	1318	315	15.7	9.7	35.5	34	1.9	7	0.56	0
		Venti	1472	351	16.1	9.9	42.8	41	2.2	7.7	0.67	0
Chocolate Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	730	175	8.7	4.8	21.5	18.3	1.3	1.9	0.31	0
		Tall	1038	248	12.9	7.3	29.6	25.2	1.8	2.6	0.43	0
		Grande	1416	339	17.3	9.7	41.1	35.1	2.5	3.5	0.60	0
		Venti	1578	377	17.8	9.9	48.9	42.2	2.8	3.9	0.71	0
Chocolate Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	681	163	8.3	6.3	19.1	18.5	1.7	2	0.25	0
		Tall	971	233	12.4	9.4	26.3	25.4	2.3	2.8	0.34	0
		Grande	1323	317	16.6	12.5	36.6	35.4	3.2	3.8	0.48	0
		Venti	1478	354	17	12.9	44	42.5	3.6	4.2	0.59	0
Coffee Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	600	143	6.3	4.4	18.7	18.2	0.1	2.7	0.30	17.3
		Tall	851	203	9.5	6.7	25.3	24.5	0.1	3.7	0.41	23
		Grande	1137	271	12.6	8.9	34.1	33.1	0.2	4.9	0.55	31.4
		Venti	1258	300	12.6	8.9	40.9	39.6	0.2	5	0.65	39.5
Coffee Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	629	150	7.1	5.3	18.7	18.1	0.1	2.7	0.30	17.3
		Tall	890	212	10.6	7.9	25.2	24.4	0.1	3.7	0.40	23
		Grande	1187	283	14	10.5	34	33	0.2	4.9	0.54	31.4
		Venti	1309	312	14.1	10.5	40.8	39.5	0.2	5	0.65	39.5
Coffee Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	668	159	8.2	5.7	18.6	18.1	0.1	2.7	0.30	17.3
		Tall	942	225	12.1	8.4	25.1	24.4	0.1	3.6	0.40	23
		Grande	1255	299	15.9	11.1	33.9	32.9	0.2	4.8	0.54	31.4
		Venti	1377	328	16	11.1	40.7	39.4	0.2	4.9	0.65	39.5

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Coffee Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	570	137	6.8	4.4	17.4	16.8	0.2	1	0.28	17.3
		Tall	811	195	10.2	6.7	23.5	22.7	0.3	1.4	0.38	23
		Grande	1084	260	13.5	8.8	31.8	30.7	0.4	1.8	0.51	31.4
		Venti	1205	289	13.5	8.9	38.5	37.2	0.4	2	0.62	39.5
Coffee Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	615	147	7.2	4.5	17.5	16.8	0.4	2.6	0.30	17.3
		Tall	870	208	10.8	6.9	23.7	22.7	0.6	3.6	0.40	23
		Grande	1162	277	14.2	9.1	32	30.8	0.8	4.7	0.54	31.4
		Venti	1284	306	14.3	9.1	38.8	37.3	0.8	4.8	0.64	39.5
Coffee Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	656	156	7.8	4.5	19.8	17.3	0.7	1.2	0.31	17.3
		Tall	925	221	11.6	6.9	26.7	23.4	0.9	1.6	0.42	23
		Grande	1232	294	15.3	9.1	36	31.6	1.2	2.2	0.57	31.4
		Venti	1355	323	15.4	9.1	42.8	38.1	1.2	2.3	0.67	39.5
Coffee Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	617	148	7.5	5.7	18	17.4	1	1.3	0.26	17.3
		Tall	874	209	11.2	8.4	24.3	23.5	1.3	1.8	0.36	23
		Grande	1166	279	14.8	11.1	32.8	31.8	1.7	2.4	0.48	31.4
		Venti	1288	308	14.9	11.1	39.6	38.3	1.7	2.5	0.59	39.5
Cookies & Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.]	Mini	783	187	8.3	5.7	23.8	20	0.2	4	0.41	0
		Tall	1090	260	12.2	8.4	32	27.1	0.3	5.4	0.55	0
		Grande	1458	348	16.1	11.1	43.2	36.7	0.4	7.3	0.75	0
		Venti	1688	403	17.2	11.8	53.6	45.3	0.5	8.2	0.93	0
Cookies & Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.]	Mini	821	196	9.4	6.9	23.8	19.9	0.2	4	0.41	0
		Tall	1142	273	13.7	10.1	31.9	27	0.3	5.4	0.55	0
		Grande	1528	365	18.1	13.3	43.1	36.6	0.4	7.3	0.75	0
		Venti	1766	421	19.3	14.2	53.4	45.1	0.5	8.2	0.93	0

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cookies & Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.], chocolate chip inclusion [Self raising WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.]	Mini	873	208	10.9	7.4	23.7	19.9	0.2	3.9	0.41	0
		Tall	1211	289	15.6	10.7	31.8	26.9	0.3	5.3	0.55	0
		Grande	1621	387	20.7	14.1	43	36.4	0.4	7.1	0.74	0
		Venti	1870	446	22.3	15.1	53.3	45	0.5	8.1	0.92	0
Cookies & Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.]	Mini	743	178	9	5.7	22	18.2	0.4	1.7	0.38	0
		Tall	1036	249	13.1	8.4	29.6	24.6	0.5	2.3	0.51	0
		Grande	1386	333	17.4	11.1	40	33.5	0.7	3.1	0.70	0
		Venti	1607	386	18.5	11.7	49.9	41.7	0.8	3.6	0.87	0
Cookies & Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.]	Mini	802	191	9.6	5.8	22.2	18.3	0.7	3.9	0.40	0
		Tall	1116	267	13.9	8.6	29.8	24.7	0.9	5.2	0.54	0
		Grande	1493	356	18.4	11.4	40.3	33.5	1.3	7	0.73	0
		Venti	1727	412	19.6	12	50.3	41.7	1.5	7.9	0.92	0

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cookies & Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.]	Mini	856	205	10.4	5.8	25.3	18.9	1	1.9	0.43	0
		Tall	1189	284	15	8.6	34	25.5	1.4	2.6	0.57	0
		Grande	1590	380	19.9	11.4	45.9	34.6	1.8	3.5	0.78	0
		Venti	1836	438	21.4	12	56.5	43	2.1	4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG, salt, natural flavouring.]	Mini	805	193	10	7.4	22.8	19	1.4	2.1	0.36	0
		Tall	1120	269	14.5	10.7	30.6	25.7	1.9	2.8	0.48	0
		Grande	1498	359	19.2	14.2	41.4	34.9	2.5	3.8	0.66	0
		Venti	1733	415	20.6	15.1	51.6	43.3	2.9	4.4	0.83	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	759	181	8.3	6.1	22.1	20.6	0.9	4	0.31	0
		Tall	1123	268	12.6	9.2	32.2	30	1.3	5.8	0.46	0
		Grande	1522	364	16.8	12.3	44.2	41.2	1.8	7.8	0.64	0
		Venti	1711	409	17.8	13	52.3	48.6	2.2	8.5	0.75	0
Double Chocolatey Chip Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	794	190	9.3	7.2	22	20.5	0.9	4	0.31	0
		Tall	1174	281	14	10.8	32.1	29.9	1.3	5.8	0.46	0
		Grande	1591	380	18.8	14.5	44.1	41	1.8	7.8	0.63	0
		Venti	1784	426	19.9	15.3	52.1	48.4	2.2	8.5	0.74	0

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Double Chocolate Chip Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	841	201	10.7	7.6	22	20.5	0.9	3.9	0.31	0
		Tall	1243	297	16	11.4	32	29.8	1.3	5.7	0.46	0
		Grande	1684	403	21.4	15.3	43.9	40.9	1.8	7.7	0.63	0
		Venti	1882	450	22.7	16.2	52	48.3	2.2	8.4	0.74	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	723	174	8.9	6	20.5	19	1.1	1.8	0.29	0
		Tall	1070	257	13.5	9.1	29.8	27.6	1.5	2.7	0.42	0
		Grande	1449	348	18.1	12.2	40.9	37.9	2.1	3.6	0.58	0
		Venti	1635	392	19.1	13	48.8	45.1	2.5	4.1	0.69	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	777	186	9.5	6.2	20.6	19	1.4	3.8	0.31	0
		Tall	1149	275	14.2	9.3	30.1	27.7	2	5.6	0.45	0
		Grande	1556	372	19.1	12.5	41.3	38	2.6	7.5	0.62	0
		Venti	1747	417	20.2	13.3	49.2	45.2	3.1	8.2	0.73	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	826	198	10.2	6.2	23.4	19.6	1.6	2.1	0.33	0
		Tall	1221	292	15.4	9.3	34.2	28.5	2.4	3	0.48	0
		Grande	1654	396	20.6	12.5	46.8	39.1	3.2	4	0.66	0
		Venti	1850	442	21.8	13.3	55	46.4	3.7	4.6	0.78	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	779	187	9.9	7.6	21.2	19.7	2	2.2	0.27	0
		Tall	1153	277	14.9	11.4	30.9	28.7	2.9	3.2	0.39	0
		Grande	1562	375	19.9	15.3	42.4	39.4	3.9	4.3	0.55	0
		Venti	1753	420	21	16.2	50.4	46.7	4.4	4.9	0.65	0

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Mini	275	65	0.2	0.1	14	13.3	0.2	1.5	0.23	41.1
		Tall	395	93	0.3	0.1	20.2	19.1	0.2	2.1	0.33	59.1
		Grande	532	125	0.4	0.1	27.1	25.8	0.3	2.9	0.44	62.3
		Venti	690	163	0.5	0.2	35.6	34	0.3	3.4	0.58	72.1
Espresso Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Mini	290	69	0.7	0.6	14	13.3	0.2	1.5	0.23	41.1
		Tall	418	99	0.9	0.8	20.1	19.1	0.2	2.1	0.32	59.1
		Grande	564	133	1.3	1.2	27	25.8	0.3	2.9	0.44	62.3
		Venti	728	172	1.5	1.3	35.5	33.9	0.3	3.4	0.58	72.1
Espresso Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Mini	311	74	1.2	0.7	14	13.2	0.2	1.4	0.22	41.1
		Tall	448	106	1.8	1.1	20.1	19	0.2	2	0.32	59.1
		Grande	608	144	2.6	1.5	26.9	25.7	0.3	2.8	0.44	62.3
		Venti	778	184	3	1.8	35.4	33.9	0.3	3.3	0.57	72.1
Espresso Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Mini	259	61	0.5	0.1	13.3	12.6	0.2	0.5	0.21	41.1
		Tall	372	88	0.7	0.1	19.1	18.1	0.3	0.7	0.31	59.1
		Grande	498	118	1	0.1	25.5	24.3	0.4	0.9	0.42	62.3
		Venti	651	154	1.1	0.1	33.8	32.2	0.5	1.1	0.55	72.1
Espresso Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Mini	283	67	0.7	0.1	13.4	12.6	0.3	1.4	0.22	41.1
		Tall	407	96	1	0.2	19.2	18.1	0.5	2	0.32	59.1
		Grande	548	129	1.4	0.2	25.7	24.3	0.6	2.8	0.44	62.3
		Venti	709	167	1.7	0.3	34	32.3	0.8	3.3	0.57	72.1
Espresso Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Mini	304	72	1.1	0.1	14.6	12.8	0.5	0.6	0.23	41.1
		Tall	438	104	1.5	0.2	21	18.4	0.7	0.9	0.33	59.1
		Grande	593	140	2.2	0.2	28.3	24.9	0.9	1.1	0.45	62.3
		Venti	761	180	2.5	0.3	37	32.9	1.1	1.4	0.59	72.1
Espresso Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso roast (as consumed) [whole bean roasted coffee], espresso roast (as consumed) [whole bean roasted coffee]	Mini	284	67	0.9	0.7	13.6	12.9	0.6	0.7	0.21	41.1
		Tall	408	97	1.3	1.1	19.6	18.5	0.9	1	0.30	59.1
		Grande	550	131	1.8	1.5	26.2	25	1.2	1.3	0.40	62.3
		Venti	712	169	2.1	1.8	34.6	33	1.4	1.5	0.53	72.1
Java Chip Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	752	179	8.1	5.9	22.5	21	0.9	3.3	0.28	14.3
		Tall	1122	268	12.4	8.9	33.2	31	1.3	4.9	0.42	21.2
		Grande	1540	367	16.6	12	46.5	43.3	1.9	6.7	0.59	30.2
		Venti	1836	438	18	13.1	59.4	55.2	2.5	7.7	0.75	40.3

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Java Chip Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	776	185	8.8	6.6	22.5	21	0.9	3.3	0.28	14.3
		Tall	1157	276	13.4	10.1	33.2	30.9	1.3	4.9	0.42	21.2
		Grande	1588	379	17.9	13.6	46.4	43.2	1.9	6.7	0.59	30.2
		Venti	1888	450	19.4	14.7	59.3	55.1	2.5	7.7	0.75	40.3
Java Chip Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	808	193	9.7	6.9	22.4	20.9	0.9	3.3	0.28	14.3
		Tall	1205	288	14.7	10.5	33.1	30.8	1.3	4.8	0.42	21.2
		Grande	1653	395	19.8	14.1	46.3	43.1	1.9	6.6	0.59	30.2
		Venti	1958	467	21.4	15.3	59.2	55	2.5	7.6	0.75	40.3
Java Chip Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	727	174	8.6	5.9	21.4	19.9	1	1.9	0.27	14.3
		Tall	1085	260	13	8.9	31.6	29.3	1.5	2.8	0.39	21.2
		Grande	1489	357	17.4	12	44.2	41	2.1	3.8	0.56	30.2
		Venti	1782	426	18.9	13	57	52.8	2.7	4.6	0.71	40.3
Java Chip Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	764	182	8.9	6	21.5	19.9	1.2	3.2	0.28	14.3
		Tall	1139	272	13.5	9.1	31.7	29.3	1.8	4.8	0.41	21.2
		Grande	1564	373	18.1	12.2	44.4	41	2.4	6.5	0.58	30.2
		Venti	1862	444	19.6	13.3	57.3	52.8	3.1	7.5	0.74	40.3
Java Chip Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	798	190	9.4	6	23.5	20.3	1.4	2	0.29	14.3
		Tall	1189	284	14.3	9.1	34.6	29.9	2.1	3	0.44	21.2
		Grande	1632	390	19.2	12.2	48.3	41.8	2.8	4.1	0.61	30.2
		Venti	1935	461	20.8	13.3	61.4	53.6	3.5	4.9	0.77	40.3

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Java Chip Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], beverage frappuccino chip [sugar, vegetable fats (palm fat, palm kernel oil, shea butter), fat reduced cocoa powder, starch, WHEAT flour (calcium carbonate, iron, niacin, thiamin), vegetable oils (palm fat, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium hydrogen carbonate, acidity regulator: sodium hydroxide], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	766	183	9.2	6.9	21.9	20.4	1.6	2.1	0.25	14.3
		Tall	1142	273	13.9	10.5	32.3	30.1	2.4	3.1	0.38	21.2
		Grande	1568	375	18.7	14.1	45.2	42	3.3	4.3	0.53	30.2
		Venti	1866	446	20.3	15.3	58.1	53.8	4	5.1	0.69	40.3
Matcha Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	623	149	6.3	4.4	19.3	18.3	0.6	3.5	0.30	36.6
		Tall	888	212	9.6	6.8	26.3	25	0.8	4.8	0.41	49.4
		Grande	1196	286	12.7	8.9	36	34.2	1.1	6.4	0.56	68.2
		Venti	1327	317	12.7	8.9	43	40.7	1.4	6.9	0.67	85.1
Matcha Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	661	158	7.4	5.6	19.2	18.2	0.6	3.5	0.30	36.6
		Tall	940	225	11	8.4	26.2	24.9	0.8	4.8	0.41	49.4
		Grande	1266	302	14.6	11.1	35.9	34	1.1	6.4	0.56	68.2
		Venti	1402	335	14.8	11.3	42.8	40.5	1.4	6.9	0.67	85.1
Matcha Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	713	170	8.8	6.1	19.1	18.2	0.6	3.4	0.30	36.6
		Tall	1009	241	13	9	26.1	24.8	0.8	4.7	0.41	49.4
		Grande	1359	325	17.2	11.9	35.7	33.9	1.1	6.3	0.56	68.2
		Venti	1501	358	17.6	12.2	42.7	40.4	1.4	6.8	0.66	85.1
Matcha Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	583	140	7	4.4	17.5	16.5	0.7	1.2	0.28	36.6
		Tall	834	201	10.5	6.7	23.9	22.6	1	1.7	0.37	49.4
		Grande	1124	270	13.9	8.9	32.8	30.9	1.4	2.2	0.51	68.2
		Venti	1250	300	14	8.9	39.5	37.2	1.7	2.5	0.61	85.1
Matcha Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	642	153	7.5	4.5	17.7	16.5	1.1	3.3	0.30	36.6
		Tall	914	218	11.2	6.9	24.2	22.6	1.4	4.6	0.40	49.4
		Grande	1231	294	14.9	9.2	33.1	31	1.9	6.1	0.55	68.2
		Venti	1365	326	15.1	9.2	39.9	37.3	2.3	6.6	0.65	85.1
Matcha Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	696	166	8.4	4.5	20.8	17.2	1.4	1.4	0.32	36.6
		Tall	987	236	12.4	6.9	28.3	23.5	1.8	2	0.43	49.4
		Grande	1328	318	16.4	9.2	38.7	32.1	2.5	2.7	0.59	68.2
		Venti	1469	351	16.7	9.2	45.8	38.4	2.9	2.9	0.70	85.1

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	645	155	8	6.1	18.3	17.3	1.7	1.6	0.25	36.6
		Tall	918	220	11.9	9	25	23.7	2.4	2.2	0.35	49.4
		Grande	1237	297	15.7	11.9	34.2	32.4	3.2	2.9	0.47	68.2
		Venti	1370	329	16	12.2	41	38.7	3.6	3.2	0.57	85.1
Mocha Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	663	158	6.6	4.6	21	20.2	0.5	3.2	0.28	16.1
		Tall	964	230	10.1	7	29.7	28.6	0.7	4.5	0.40	22.6
		Grande	1270	303	13.3	9.3	39.2	37.7	1	5.9	0.53	30
		Venti	1465	349	13.6	9.4	49.1	47.2	1.3	6.6	0.65	39.3
Mocha Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	690	164	7.4	5.5	20.9	20.2	0.5	3.2	0.28	16.1
		Tall	1002	239	11.1	8.2	29.6	28.5	0.7	4.5	0.40	22.6
		Grande	1318	314	14.6	10.8	39.1	37.7	1	5.9	0.52	30
		Venti	1516	361	15	11	49	47.1	1.3	6.6	0.65	39.3
Mocha Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	726	173	8.4	5.8	20.9	20.1	0.5	3.1	0.28	16.1
		Tall	1053	251	12.6	8.7	29.5	28.5	0.7	4.5	0.40	22.6
		Grande	1383	330	16.5	11.4	39	37.6	1	5.8	0.52	30
		Venti	1584	377	16.9	11.6	48.9	47	1.3	6.5	0.65	39.3
Mocha Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	635	152	7.1	4.6	19.7	19	0.6	1.6	0.26	16.1
		Tall	924	221	10.7	7	27.9	26.8	0.9	2.3	0.37	22.6
		Grande	1220	292	14.1	9.3	36.9	35.5	1.2	3	0.49	30
		Venti	1412	338	14.4	9.4	46.7	44.9	1.5	3.5	0.62	39.3
Mocha Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	676	161	7.5	4.7	19.9	19	0.9	3.1	0.28	16.1
		Tall	983	234	11.3	7.2	28.1	26.9	1.2	4.4	0.39	22.6
		Grande	1294	309	14.8	9.5	37.1	35.5	1.6	5.7	0.52	30
		Venti	1491	355	15.2	9.6	47	44.9	1.9	6.4	0.64	39.3
Mocha Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT(10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	714	170	8.1	4.7	22	19.4	1.1	1.7	0.29	16.1
		Tall	1036	247	12.1	7.2	31.1	27.5	1.5	2.5	0.42	22.6
		Grande	1362	325	15.9	9.5	41	36.3	1.9	3.3	0.55	30
		Venti	1562	372	16.3	9.6	51	45.7	2.3	3.8	0.67	39.3

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	678	162	7.8	5.8	20.3	19.5	1.3	1.8	0.25	16.1
		Tall	986	236	11.7	8.7	28.7	27.6	1.9	2.6	0.35	22.6
		Grande	1298	311	15.4	11.4	37.9	36.5	2.4	3.5	0.46	30
		Venti	1495	357	15.8	11.6	47.8	45.9	2.8	4	0.59	39.3
Strawberries & Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	653	156	6.2	4.4	21.5	20.7	0.2	3.1	0.30	0
		Tall	910	217	9.5	6.7	28.4	27.3	0.2	4.2	0.40	0
		Grande	1234	294	12.6	8.9	39.2	37.7	0.3	5.6	0.55	0
		Venti	1364	325	12.6	8.9	46.4	44.6	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	690	165	7.3	5.6	21.4	20.6	0.2	3.1	0.30	0
		Tall	959	229	10.9	8.3	28.3	27.2	0.2	4.2	0.39	0
		Grande	1300	310	14.4	11	39.1	37.6	0.3	5.6	0.54	0
		Venti	1434	342	14.6	11.1	46.3	44.5	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	740	177	8.7	6	21.3	20.5	0.2	3	0.30	0
		Tall	1024	245	12.8	8.8	28.2	27.1	0.2	4.1	0.39	0
		Grande	1389	331	17	11.7	39	37.5	0.3	5.5	0.54	0
		Venti	1528	364	17.2	11.9	46.2	44.3	0.4	5.8	0.63	0
Strawberries & Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	614	147	6.9	4.4	19.7	18.9	0.3	0.9	0.27	0
		Tall	859	206	10.4	6.7	26.1	25	0.4	1.2	0.36	0
		Grande	1165	280	13.8	8.8	36.1	34.6	0.5	1.6	0.50	0
		Venti	1292	310	13.9	8.9	43.2	41.3	0.6	1.7	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	671	160	7.4	4.5	19.9	18.9	0.6	3	0.29	0
		Tall	935	223	11.1	6.9	26.4	25.1	0.8	4	0.39	0
		Grande	1267	302	14.7	9.1	36.5	34.7	1.1	5.3	0.53	0
		Venti	1399	333	14.9	9.1	43.5	41.4	1.2	5.6	0.63	0
Strawberries & Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	724	173	8.3	4.5	22.9	19.5	0.9	1.1	0.32	0
		Tall	1003	240	12.2	6.9	30.3	25.9	1.2	1.5	0.42	0
		Grande	1359	325	16.2	9.1	41.8	35.8	1.6	2	0.57	0
		Venti	1497	357	16.4	9.1	49.1	42.5	1.7	2.1	0.67	0

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Strawberries & Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	674	162	7.9	6	20.5	19.7	1.3	1.2	0.25	0
		Tall	938	225	11.7	8.8	27.1	26.1	1.7	1.7	0.33	0
		Grande	1272	305	15.5	11.8	37.5	36	2.3	2.3	0.46	0
		Venti	1405	336	15.7	11.9	44.6	42.8	2.4	2.4	0.55	0
Vanilla Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	598	143	6.2	4.4	18.6	18.2	0	3.1	0.30	0
		Tall	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
		Grande	1146	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
		Venti	1304	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	636	152	7.3	5.6	18.5	18.1	0	3.1	0.30	0
		Tall	886	212	10.9	8.3	24.4	23.9	0	4.1	0.39	0
		Grande	1215	290	14.5	11.1	34.4	33.7	0	5.6	0.56	0
		Venti	1381	330	14.8	11.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	687	164	8.7	6.1	18.4	18.1	0	3	0.30	0
		Tall	952	228	12.8	8.9	24.3	23.8	0	4	0.39	0
		Grande	1307	312	17.1	11.9	34.3	33.5	0	5.5	0.55	0
		Venti	1485	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	558	134	6.9	4.4	16.8	16.4	0.2	0.8	0.27	0
		Tall	785	189	10.4	6.7	22.2	21.7	0.2	1.1	0.36	0
		Grande	1074	259	13.8	8.9	31.3	30.6	0.3	1.5	0.51	0
		Venti	1223	294	14	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	617	147	7.4	4.5	17	16.4	0.5	2.9	0.30	0
		Tall	861	206	11.1	6.9	22.4	21.7	0.6	3.9	0.39	0
		Grande	1180	282	14.7	9.1	31.7	30.7	0.8	5.4	0.55	0
		Venti	1342	320	15.1	9.2	39.9	38.6	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	671	160	8.3	4.5	20.1	17.1	0.8	1	0.32	0
		Tall	930	223	12.2	6.9	26.4	22.5	1	1.4	0.42	0
		Grande	1277	305	16.3	9.1	37.2	31.8	1.4	1.9	0.59	0
		Venti	1451	347	16.8	9.2	46.1	39.8	1.5	2.1	0.73	0

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Vanilla Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Mini	620	149	7.9	6.1	17.6	17.2	1.1	1.2	0.25	0
		Tall	865	208	11.7	8.9	23.2	22.7	1.5	1.6	0.33	0
		Grande	1186	285	15.6	11.9	32.8	32	2.1	2.2	0.47	0
		Venti	1349	323	16	12.3	41.1	40.1	2.3	2.4	0.60	0
White Chocolate Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	680	162	6.8	4.9	21.7	21.3	0	3.5	0.35	0
		Tall	952	227	10.3	7.4	29	28.5	0	4.7	0.46	0
		Grande	1377	329	14	10.1	43.8	43.2	0	6.7	0.66	0
		Venti	1452	346	14	10	48.2	47.4	0	7	0.76	0
White Chocolate Cream Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	719	171	7.9	6.1	21.6	21.3	0	3.5	0.34	0
		Tall	1003	240	11.7	9	28.9	28.4	0	4.7	0.46	0
		Grande	1446	345	16	12.3	43.7	43	0	6.7	0.66	0
		Venti	1526	364	16	12.3	48	47.2	0	7	0.76	0
White Chocolate Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	770	184	9.4	6.5	21.5	21.2	0	3.5	0.34	0
		Tall	1071	256	13.6	9.6	28.8	28.3	0	4.6	0.45	0
		Grande	1539	367	18.6	13.1	43.5	42.9	0	6.6	0.66	0
		Venti	1625	388	18.8	13.2	47.9	47.1	0	6.8	0.75	0
White Chocolate Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	640	154	7.5	4.9	19.9	19.5	0.2	1.2	0.32	0
		Tall	900	216	11.2	7.3	26.6	26.1	0.2	1.7	0.42	0
		Grande	1305	313	15.2	10.1	40.6	39.9	0.3	2.6	0.61	0
		Venti	1375	330	15.3	10	44.7	43.9	0.3	2.5	0.71	0
White Chocolate Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	699	167	8	5	20.1	19.6	0.5	3.4	0.34	0
		Tall	978	234	11.9	7.5	26.8	26.2	0.6	4.5	0.45	0
		Grande	1411	337	16.2	10.3	40.9	40	0.9	6.5	0.65	0
		Venti	1489	355	16.3	10.3	45.1	44	0.9	6.7	0.75	0
White Chocolate Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT(10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	753	180	8.9	5	23.1	20.2	0.8	1.5	0.36	0
		Tall	1049	251	13	7.5	30.9	27	1	2	0.48	0
		Grande	1508	360	17.8	10.3	46.4	41.1	1.4	3	0.69	0
		Venti	1593	380	17.9	10.3	51	45.1	1.5	3	0.79	0

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Chocolate Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [Water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	702	168	8.5	6.6	20.7	20.3	1.2	1.6	0.30	0
		Tall	982	236	12.5	9.6	27.6	27.2	1.5	2.2	0.39	0
		Grande	1417	340	17.1	13.1	42	41.4	2.1	3.3	0.57	0
		Venti	1495	358	17.2	13.2	46.2	45.4	2.2	3.3	0.67	0
White Mocha Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	702	167	6.8	4.8	23.2	22.7	0.1	3	0.33	16.4
		Tall	1009	240	10.3	7.4	32.4	31.6	0.1	4.2	0.45	22.6
		Grande	1438	343	14	10	47.7	46.7	0.2	5.9	0.64	31.2
		Venti	1551	369	14	10	54.1	52.9	0.2	6	0.75	39.7
White Mocha Frappuccino® - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	729	174	7.6	5.7	23.2	22.6	0.1	3	0.32	16.4
		Tall	1047	250	11.4	8.5	32.3	31.5	0.1	4.2	0.45	22.6
		Grande	1488	355	15.4	11.6	47.6	46.6	0.2	5.9	0.64	31.2
		Venti	1602	381	15.4	11.6	54	52.7	0.2	6	0.75	39.7
White Mocha Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	766	183	8.6	6	23.1	22.6	0.1	3	0.32	16.4
		Tall	1098	262	12.8	9	32.2	31.5	0.1	4.1	0.45	22.6
		Grande	1556	371	17.3	12.2	47.5	46.5	0.2	5.8	0.64	31.2
		Venti	1671	398	17.4	12.2	53.9	52.6	0.2	5.9	0.75	39.7
White Mocha Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	673	161	7.3	4.8	21.9	21.4	0.2	1.4	0.31	16.4
		Tall	969	232	11	7.3	30.6	29.8	0.3	1.9	0.42	22.6
		Grande	1386	332	14.9	10	45.4	44.4	0.4	2.9	0.61	31.2
		Venti	1498	358	14.9	10	51.7	50.5	0.4	3	0.71	39.7
White Mocha Frappuccino® - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	715	170	7.7	4.9	22.1	21.4	0.4	2.9	0.32	16.4
		Tall	1028	245	11.5	7.5	30.8	29.9	0.6	4.1	0.45	22.6
		Grande	1463	349	15.6	10.2	45.6	44.4	0.8	5.7	0.63	31.2
		Venti	1577	375	15.7	10.2	52	50.5	0.9	5.8	0.74	39.7

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Mocha Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	754	180	8.3	4.9	24.3	21.9	0.6	1.5	0.34	16.4
		Tall	1081	258	12.4	7.5	33.8	30.5	0.9	2.2	0.47	22.6
		Grande	1533	366	16.7	10.2	49.6	45.2	1.2	3.2	0.66	31.2
		Venti	1648	393	16.8	10.2	56.1	51.3	1.3	3.3	0.77	39.7
White Mocha Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, water, skimmed MILK powder, coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids), stabiliser [guar gum, carrageenan], preservative (potassium sorbate), natural flavouring]	Mini	718	172	8	6	22.5	22	0.9	1.6	0.29	16.4
		Tall	1031	246	12	9	31.4	30.6	1.3	2.3	0.40	22.6
		Grande	1467	351	16.2	12.2	46.4	45.4	1.7	3.4	0.58	31.2
		Venti	1581	377	16.3	12.2	52.8	51.5	1.8	3.5	0.68	39.7



Modifiers



RTM

Reserve

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
COLD COFFEE												
Iced Americano	Ice, microblend espresso (as consumed) [100% Arabica coffee], water	Tall	35	8	0.2	0	1.3	0	0.2	0.6	0.05	115.6
		Grande	52	12	0.3	0.1	1.9	0.1	0.3	0.9	0.07	173.5
Iced Latte - skimmed milk	Skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	312	74	0.7	0.3	10	8.8	0.2	7	0.25	115.6
		Grande	384	91	0.9	0.3	12.3	11.1	0.2	8.7	0.30	115.6
Iced Latte - semi-skimmed milk	Semi-skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	403	96	3.3	3.1	9.8	8.6	0.2	7	0.24	115.6
		Grande	499	119	4.1	3.9	12.1	10.8	0.2	8.7	0.29	115.6
Iced Latte - whole milk	Whole MILK , ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	525	125	6.7	4.2	9.7	8.4	0.2	6.8	0.24	115.6
		Grande	652	155	8.4	5.3	11.8	10.6	0.2	8.4	0.29	115.6
Iced Latte - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	217	52	2.4	0.2	6	4.6	0.7	1.5	0.19	115.6
		Grande	264	63	2.9	0.3	7.2	5.8	0.9	1.8	0.23	115.6
Iced Latte - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	358	85	3.6	0.6	6.2	4.6	1.3	6.6	0.23	115.6
		Grande	441	105	4.5	0.7	7.5	5.8	1.6	8.2	0.27	115.6
Iced Latte - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	485	116	5.7	0.6	13.5	6.1	2	2.1	0.28	115.6
		Grande	602	144	7.1	0.7	16.7	7.6	2.5	2.4	0.34	115.6
Iced Latte - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	365	89	4.7	4.2	7.6	6.4	2.9	2.4	0.39	115.6
		Grande	450	109	5.9	5.3	9.3	8.1	3.6	2.9	0.48	115.6
Iced Mocha - skimmed milk	Skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	764	182	3.8	2.2	25.4	22.8	3.8	9.5	0.25	136
		Grande	975	232	4.8	2.8	32.5	29.5	4.9	12	0.31	142.8
Iced Mocha - semi-skimmed milk	Semi-skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	855	203	6.4	5	25.2	22.6	3.8	9.5	0.25	136
		Grande	1090	259	8	6.4	32.3	29.3	4.9	12	0.30	142.8
Iced Mocha - whole milk	Whole MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	977	233	9.8	6.1	25	22.4	3.8	9.3	0.24	136
		Grande	1244	296	12.4	7.7	32.1	29.1	4.9	11.7	0.30	142.8
Iced Mocha - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	669	160	5.5	2.1	21.3	18.6	4.3	4	0.20	136
		Grande	855	204	6.9	2.7	27.5	24.2	5.6	5.1	0.24	142.8
Iced Mocha - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	810	193	6.7	2.5	21.5	18.6	4.9	9.1	0.24	136
		Grande	1032	245	8.5	3.1	27.7	24.2	6.3	11.5	0.29	142.8

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Mocha - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	937	224	8.7	2.5	28.8	20	5.6	4.6	0.29	136
		Grande	1193	284	11	3.1	36.9	26.1	7.2	5.8	0.35	142.8
Iced Mocha - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring, ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	817	196	7.8	6.1	23	20.4	6.5	4.9	0.39	136
		Grande	1041	250	9.9	7.7	29.5	26.5	8.4	6.2	0.49	142.8
Iced Mocha Bianco	Mocha Bianco Milk [whole MILK , sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	733	174	7.4	4.9	20.2	19	0.2	7.1	0.28	115.6
		Grande	1043	248	10.6	7.1	28.6	27.4	0.2	10	0.39	115.6
HOT COFFEE												
Mocha - skimmed milk	Skimmed milk [skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	572	136	5.5	3.7	15.6	14.6	1.4	5.4	0.11	44.6
		Tall	877	209	7.3	4.9	25.2	23.4	2.2	9.4	0.21	89.1
		Grande	1077	257	8.1	5.3	32.5	30.3	2.8	12	0.26	89.1
Mocha - semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	1359	324	9.3	6.1	42	39.1	3.6	16.1	0.36	133.7
		Tall	616	147	6.7	5.1	15.5	14.5	1.4	5.4	0.11	44.6
		Grande	962	230	9.7	7.6	25	23.2	2.2	9.4	0.20	89.1
Mocha - whole milk	Whole milk [whole MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	1187	283	11.2	8.8	32.2	30.1	2.8	12	0.26	89.1
		Tall	1511	360	13.6	10.8	41.7	38.8	3.6	16.1	0.35	133.7
		Grande	676	161	8.4	5.7	15.5	14.4	1.4	5.3	0.11	44.6
Mocha - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	1077	257	13	8.6	24.9	23	2.2	9.3	0.20	89.1
		Tall	1334	318	15.3	10.1	32	29.9	2.8	11.8	0.25	89.1
		Grande	1715	409	19.3	12.6	41.4	38.5	3.6	15.8	0.34	133.7
Mocha - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	525	127	6.3	3.7	13.6	12.5	1.6	2.7	0.08	44.6
		Tall	788	190	8.8	4.8	21.2	19.4	2.5	4.3	0.14	89.1
		Grande	963	232	10	5.3	27.3	25.2	3.2	5.4	0.18	89.1
Mocha - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	1201	290	12	6	34.8	32	4.2	7	0.24	133.7
		Tall	594	142	6.9	3.9	13.8	12.5	1.9	5.2	0.10	44.6
		Grande	919	219	10.1	5.2	21.6	19.4	3.2	9.1	0.19	89.1
Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso roast (as consumed) [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	1132	270	11.6	5.7	27.8	25.3	4.1	11.6	0.24	89.1
		Tall	1435	342	14.2	6.6	35.6	32.1	5.4	15.5	0.33	133.7
		Grande	656	157	7.9	3.9	17.3	13.2	2.3	3	0.13	44.6

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Mocha Bianco	Mocha Bianco Milk [whole MILK , sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], microblend espresso (as consumed) [100% Arabica coffee]	Short	1039	248	11.9	5.2	28.4	20.8	3.9	4.8	0.24	89.1
		Tall	1286	307	14	5.7	36.6	27	5	6.1	0.31	89.1
		Grande	1648	394	17.5	6.6	47.7	34.5	6.6	7.9	0.42	133.7
Chemex	Whole bean green coffee	One	597	144	7.4	5.7	14.5	13.4	2.7	3.2	0.05	44.6
Clover	Whole bean green coffee	Short	926	223	11.1	8.6	23	21.2	4.7	5.2	0.10	89.1
		Tall	1141	274	12.9	10.1	29.6	27.5	6.1	6.5	0.12	89.1
		Grande	1448	348	16	12.7	38	35.1	8.1	8.5	0.16	133.7
		Venti	130	30	3	0.6	3.8	0.6	3	2.7	0.74	371.7
Pour Over	Whole bean green coffee	Short	58	14	1.2	0.2	1.7	0.2	1.2	1.2	0.78	276
		Tall	84	21	1.8	0.4	2.5	0.4	1.8	1.8	1.14	402.5
		Grande	113	28	2.4	0.5	3.3	0.5	2.4	2.4	1.53	540.5
French Press	Whole bean green coffee	One	198	45	4.5	0.9	5.4	0.9	4.5	4.1	1.21	549
Americano	Microblend espresso (as consumed) [100% Arabica coffee], water	Short	17	4	0.1	0	0.6	0	0.1	0.3	0.02	57.8
		Tall	35	8	0.2	0	1.3	0	0.2	0.6	0.05	115.6
		Grande	52	12	0.3	0.1	1.9	0.1	0.3	0.9	0.07	173.5
Cappuccino - skimmed milk	Skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	207	49	0.5	0.2	6.6	6	0.1	4.7	0.16	57.8
		Tall	382	90	0.9	0.3	12.2	11	0.2	8.6	0.30	115.6
		Grande	440	104	1	0.4	14.1	12.9	0.2	10	0.34	115.6
Cappuccino - semi-skimmed milk	Semi-skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	270	64	2.2	2.1	6.5	5.9	0.1	4.7	0.16	57.8
		Tall	496	118	4.1	3.9	12	10.8	0.2	8.6	0.29	115.6
		Grande	574	136	4.7	4.6	13.8	12.6	0.2	10	0.33	115.6
Cappuccino - whole milk	Whole MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	354	84	4.6	2.9	6.4	5.8	0.1	4.6	0.15	57.8
		Tall	649	154	8.4	5.3	11.8	10.5	0.2	8.4	0.28	115.6
		Grande	753	179	9.8	6.2	13.5	12.3	0.2	9.7	0.33	115.6
Cappuccino - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, microblend espresso (as consumed) [100% Arabica coffee]	Short	142	34	1.6	0.1	3.9	3.1	0.5	0.9	0.12	57.8
		Tall	263	63	2.9	0.3	7.2	5.7	0.9	1.8	0.23	115.6
		Grande	302	72	3.4	0.3	8.2	6.7	1	1.9	0.26	115.6
Cappuccino - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium carbonate, sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], microblend espresso (as consumed) [100% Arabica coffee]	Short	239	57	2.5	0.4	4	3.1	0.8	4.4	0.15	57.8
		Tall	439	104	4.5	0.7	7.4	5.7	1.5	8.1	0.27	115.6
		Grande	507	120	5.3	0.8	8.5	6.7	1.8	9.4	0.31	115.6
Cappuccino - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), microblend espresso (as consumed) [100% Arabica coffee]	Short	326	78	3.8	0.4	9	4.1	1.3	1.3	0.19	57.8
		Tall	598	143	7	0.7	16.6	7.6	2.5	2.4	0.34	115.6
		Grande	694	166	8.2	0.8	19.2	8.8	2.9	2.7	0.39	115.6
Cappuccino - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee]	Short	244	59	3.2	2.9	5	4.4	2	1.6	0.26	57.8
		Tall	448	109	5.9	5.3	9.3	8	3.6	2.9	0.47	115.6
		Grande	518	126	6.9	6.2	10.6	9.4	4.2	3.3	0.55	115.6

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Espresso	Microblend espresso (as consumed) [100% Arabica coffee]	Single	17	4	0.1	0	0.6	0	0.1	0.3	0.02	57.8
		Double	35	8	0.2	0	1.3	0	0.2	0.6	0.05	115.6
Espresso Con Panna	Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], microblend espresso (as consumed) [100% Arabica coffee]	Single	123	30	2.6	1.8	1.3	0.7	0.1	0.5	0.03	57.8
		Double	140	34	2.7	1.8	1.9	0.7	0.2	0.8	0.05	115.6
Espresso Macchiato - skimmed milk	Microblend espresso (as consumed) [100% Arabica coffee], skimmed MILK	Single	37	9	0.1	0	1.3	0.6	0.1	0.8	0.04	57.8
		Double	41	10	0.2	0	1.5	0.2	0.2	0.8	0.05	115.6
Espresso Macchiato - semi-skimmed milk	Microblend espresso (as consumed) [100% Arabica coffee], semi-skimmed MILK	Single	44	10	0.3	0.2	1.2	0.6	0.1	0.8	0.04	57.8
		Double	43	10	0.2	0.1	1.4	0.2	0.2	0.8	0.05	115.6
Espresso Macchiato - whole milk	Microblend espresso (as consumed) [100% Arabica coffee], whole MILK	Single	52	12	0.6	0.3	1.2	0.6	0.1	0.7	0.04	57.8
		Double	45	11	0.3	0.1	1.4	0.2	0.2	0.7	0.05	115.6
Espresso Macchiato - almond drink	Microblend espresso (as consumed) [100% Arabica coffee], water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt	Single	30	7	0.2	0	1	0.3	0.1	0.4	0.03	57.8
		Double	39	9	0.2	0	1.4	0.1	0.2	0.6	0.05	115.6
Espresso Macchiato - soya drink	Microblend espresso (as consumed) [100% Arabica coffee], SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]	Single	40	10	0.3	0.1	1	0.3	0.2	0.7	0.04	57.8
		Double	42	10	0.3	0	1.4	0.1	0.2	0.7	0.05	115.6
Espresso Macchiato - oat drink	Microblend espresso (as consumed) [100% Arabica coffee], Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).	Single	49	12	0.5	0.1	1.5	0.4	0.2	0.4	0.04	57.8
		Double	44	11	0.3	0	1.5	0.2	0.2	0.6	0.05	115.6
Espresso Macchiato - coconut drink	Microblend espresso (as consumed) [100% Arabica coffee], Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.	Single	41	10	0.4	0.3	1.1	0.5	0.3	0.4	0.05	57.8
		Double	42	10	0.3	0.1	1.4	0.2	0.2	0.7	0.05	115.6
Flat White - skimmed milk	Semi-skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	266	63	0.6	0.2	8.6	7.3	0.2	5.9	0.21	115.6
Flat White - semi-skimmed milk	Skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	342	81	2.8	2.6	8.4	7.2	0.2	5.9	0.21	115.6
Flat White - whole milk	Whole MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	444	106	5.7	3.5	8.3	7	0.2	5.8	0.20	115.6
Flat White - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, microblend espresso (as consumed) [100% Arabica coffee]	Short	187	45	2	0.2	5.2	3.8	0.6	1.4	0.17	115.6
Flat White - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], microblend espresso (as consumed) [100% Arabica coffee]	Short	304	72	3.1	0.5	5.4	3.8	1.1	5.6	0.20	115.6
Flat White - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), microblend espresso (as consumed) [100% Arabica coffee]	Short	411	98	4.7	0.5	11.5	5.1	1.7	1.8	0.24	115.6
Flat White - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee]	Short	310	75	4	3.5	6.6	5.4	2.5	2.1	0.33	115.6
Latte - skimmed milk	Skimmed MILK , 100% Arabica coffee	Short	260	62	0.6	0.2	8.3	7.7	0.1	5.9	0.20	57.8
		Tall	423	100	0.9	0.4	13.5	12.3	0.2	9.6	0.33	115.6
		Grande	552	131	1.2	0.5	17.6	16.4	0.2	12.5	0.42	115.6

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Latte - semi-skimmed milk	Semi-skimmed MILK , 100% Arabica coffee	Short	340	81	2.8	2.7	8.1	7.5	0.1	5.9	0.19	57.8
		Tall	551	131	4.5	4.4	13.3	12	0.2	9.6	0.32	115.6
		Grande	722	172	6	5.8	17.3	16	0.2	12.5	0.41	115.6
Latte - whole milk	Whole MILK , 100% Arabica coffee	Short	447	106	5.8	3.7	8	7.4	0.1	5.7	0.19	57.8
		Tall	722	172	9.4	5.9	13	11.8	0.2	9.3	0.31	115.6
		Grande	951	226	12.4	7.8	16.9	15.7	0.2	12.2	0.40	115.6
Latte - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, 100% Arabica coffee	Short	177	42	2	0.2	4.8	4	0.6	1.1	0.15	57.8
		Tall	290	70	3.2	0.3	7.9	6.4	0.9	1.9	0.25	115.6
		Grande	375	90	4.3	0.4	10.1	8.5	1.2	2.3	0.32	115.6
Latte - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], 100% Arabica coffee	Short	300	71	3.1	0.5	4.9	4	1	5.6	0.18	57.8
		Tall	487	116	5	0.8	8.2	6.4	1.7	9	0.30	115.6
		Grande	637	151	6.6	1.1	10.5	8.5	2.2	11.8	0.39	115.6
Latte - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), 100% Arabica coffee	Short	412	98	4.9	0.5	11.3	5.3	1.7	1.6	0.23	57.8
		Tall	666	159	7.8	0.8	18.4	8.5	2.7	2.7	0.38	115.6
		Grande	876	209	10.4	1.1	24.1	11.3	3.6	3.3	0.49	115.6
Latte - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring, 100% Arabica coffee	Short	306	74	4.1	3.7	6.2	5.6	2.5	1.9	0.32	57.8
		Tall	497	121	6.6	5.9	10.2	9	4	3.2	0.52	115.6
		Grande	651	158	8.7	7.9	13.2	12	5.3	4	0.68	115.6
Latte Macchiato - skimmed milk	Skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	260	62	0.6	0.2	8.3	7.7	0.1	5.9	0.20	57.8
		Tall	423	100	0.9	0.4	13.5	12.3	0.2	9.6	0.33	115.6
		Grande	552	131	1.2	0.5	17.6	16.4	0.2	12.5	0.42	115.6
Latte Macchiato - semi-skimmed milk	Semi-skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	340	81	2.8	2.7	8.1	7.5	0.1	5.9	0.19	57.8
		Tall	551	131	4.5	4.4	13.3	12	0.2	9.6	0.32	115.6
		Grande	722	172	6	5.8	17.3	16	0.2	12.5	0.41	115.6
Latte Macchiato - whole milk	Whole MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	447	106	5.8	3.7	8	7.4	0.1	5.7	0.19	57.8
		Tall	722	172	9.4	5.9	13	11.8	0.2	9.3	0.31	115.6
		Grande	951	226	12.4	7.8	16.9	15.7	0.2	12.2	0.40	115.6
Latte Macchiato - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, microblend espresso (as consumed) [100% Arabica coffee]	Short	177	42	2	0.2	4.8	4	0.6	1.1	0.15	57.8
		Tall	290	70	3.2	0.3	7.9	6.4	0.9	1.9	0.25	115.6
		Grande	375	90	4.3	0.4	10.1	8.5	1.2	2.3	0.32	115.6
Latte Macchiato - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], microblend espresso (as consumed) [100% Arabica coffee]	Short	300	71	3.1	0.5	4.9	4	1	5.6	0.18	57.8
		Tall	487	116	5	0.8	8.2	6.4	1.7	9	0.30	115.6
		Grande	637	151	6.6	1.1	10.5	8.5	2.2	11.8	0.39	115.6

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Product	Ingredients	Size	Energy (kj)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Latte Macchiato - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), microblend espresso (as consumed) [100% Arabica coffee]	Short	412	98	4.9	0.5	11.3	5.3	1.7	1.6	0.23	57.8
		Tall	666	159	7.8	0.8	18.4	8.5	2.7	2.7	0.38	115.6
		Grande	876	209	10.4	1.1	24.1	11.3	3.6	3.3	0.49	115.6
Latte Macchiato - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee]	Short	306	74	4.1	3.7	6.2	5.6	2.5	1.9	0.32	57.8
		Tall	497	121	6.6	5.9	10.2	9	4	3.2	0.52	115.6
		Grande	651	158	8.7	7.9	13.2	12	5.3	4	0.68	115.6



Oleato™

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Oleato Golden Foam™ Cream Cold Brew	Cold brew as brewed [arabica coffee], ice [ice], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], vanilla flavour syrup [water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate]	Tall	895	214	17.1	6.6	8.6	8.2	1.1	9.5	0.29	37.8
		Grande	1353	323	25.5	9.9	14.7	14	1.5	13.1	0.40	51.8
		Venti	1770	423	33.7	13.2	20.8	19.9	1.6	14.3	0.45	55.8
Oleato Golden Foam™ Iced Oat Shaken Espresso - skimmed milk	Ice, skimmed milk [skimmed MILK], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], espresso shot - blonde roast as brewed [whole bean roasted coffee], hazelnut flavour syrup [Water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.]	Tall	1125	269	21.7	8.6	15.7	14.2	0.2	3.9	0.17	56.7
		Grande	1281	306	23.1	9.2	20.4	18.3	0.4	5.3	0.23	85.1
		Venti	1423	340	25	9.9	24	21.4	0.5	5.9	0.27	113.4
Oleato Golden Foam™ Iced Oat Shaken Espresso - semi-skimmed milk	Ice, semi-skimmed milk [semi-skimmed MILK], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator: citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], espresso shot - blonde roast as brewed [whole bean roasted coffee], hazelnut flavour syrup [Water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.]	Tall	1160	278	22.6	9.7	15.7	14.2	0.2	3.9	0.17	56.7
		Grande	1330	318	24.5	10.7	20.3	18.2	0.4	5.3	0.23	85.1
		Venti	1474	352	26.4	11.5	23.9	21.3	0.5	5.9	0.27	113.4
Oleato Golden Foam™ Iced Oat Shaken Espresso - whole milk	Ice, whole milk [whole MILK], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], espresso shot - blonde roast as brewed [whole bean roasted coffee], hazelnut flavour syrup [Water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.]	Tall	1207	289	24	10.1	15.6	14.1	0.2	3.8	0.17	56.7
		Grande	1396	334	26.3	11.3	20.2	18.1	0.4	5.2	0.23	85.1
		Venti	1542	369	28.4	12.1	23.8	21.2	0.5	5.8	0.26	113.4
Oleato Golden Foam™ Iced Oat Shaken Espresso - almond drink	Ice, almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], espresso shot - blonde roast as brewed [whole bean roasted coffee], hazelnut flavour syrup [Water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.]	Tall	1089	262	22.3	8.6	14.1	12.6	0.4	1.8	0.15	56.7
		Grande	1230	296	24	9.2	18.1	16	0.6	2.4	0.20	85.1
		Venti	1370	329	25.9	9.9	21.6	19	0.7	2.8	0.23	113.4
Oleato Golden Foam™ Iced Oat Shaken Espresso - soya drink	Ice, soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], espresso shot - blonde roast as brewed [whole bean roasted coffee], hazelnut flavour syrup [Water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.]	Tall	1142	274	22.8	8.8	14.3	12.6	0.7	3.7	0.16	56.7
		Grande	1305	312	24.7	9.4	18.3	16.1	0.9	5.1	0.22	85.1
		Venti	1448	346	26.6	10.1	21.8	19	1.1	5.7	0.26	113.4
Oleato Golden Foam™ Iced Oat Shaken Espresso - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], espresso shot - blonde roast as brewed [whole bean roasted coffee], hazelnut flavour syrup [Water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.]	Tall	1191	285	23.5	8.8	17.1	13.2	0.9	2	0.19	56.7
		Grande	1374	329	25.7	9.4	22.2	16.8	1.3	2.7	0.25	85.1
		Venti	1519	364	27.8	10.1	25.9	19.9	1.5	3.1	0.29	113.4
Oleato Golden Foam™ Iced Oat Shaken Espresso - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Oleato Golden Foam [whipping cream (MILK), whole MILK , water, sugar, natural flavourings, acidity regulator :citric acid, preservative : potassium sorbate , Maltodextrin, skimmed MILK powder, potato starch, thickener: xanthan gum. , Olives], espresso shot - blonde roast as brewed [whole bean roasted coffee], hazelnut flavour syrup [Water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.]	Tall	1145	275	23.2	10.2	14.8	13.3	1.3	2.1	0.23	56.7
		Grande	1309	314	25.3	11.3	19.1	17	1.8	2.9	0.31	85.1
		Venti	1452	348	27.2	12.2	22.6	20.1	2	3.4	0.35	113.4

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Oleato™ Caffè Latte – skimmed milk	Skimmed milk [skimmed MILK], espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Short	696	166	12.6	1.9	8.1	7.7	0.1	6	0.20	28.4
		Tall	883	210	13.6	2.1	13.2	12.4	0.2	9.8	0.34	56.7
		Grande	1014	241	13.9	2.3	17.3	16.5	0.2	12.7	0.43	56.7
		Venti	1180	280	14.2	2.4	22.5	21.3	0.3	16.6	0.57	85.1
Oleato™ Caffè Latte – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Short	776	185	14.9	4.4	8	7.6	0.1	6	0.20	28.4
		Tall	1010	241	17.2	6.2	13	12.1	0.2	9.8	0.33	56.7
		Grande	1184	282	18.7	7.6	16.9	16.1	0.2	12.7	0.42	56.7
		Venti	1399	333	20.4	9.3	22.1	20.9	0.3	16.6	0.56	85.1
Oleato™ Caffè Latte – whole milk	Whole milk [whole MILK], espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Short	883	211	17.9	5.4	7.8	7.4	0.1	5.8	0.20	28.4
		Tall	1182	282	22	7.7	12.7	11.9	0.2	9.5	0.32	56.7
		Grande	1412	336	25.2	9.6	16.6	15.8	0.2	12.4	0.41	56.7
		Venti	1694	403	28.7	11.9	21.6	20.4	0.3	16.2	0.55	85.1
Oleato™ Caffè Latte – almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Short	613	148	14	1.9	4.4	4	0.4	1.2	0.14	28.4
		Tall	750	182	15.9	2.1	7.2	6.4	0.7	2.1	0.24	56.7
		Grande	836	204	16.9	2.1	9.3	8.5	0.9	2.5	0.30	56.7
		Venti	951	232	18.1	2.3	12.2	11	1.2	3.4	0.40	85.1
Oleato™ Caffè Latte – soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Short	736	175	15.2	2.2	4.8	4.1	1.1	5.7	0.19	28.4
		Tall	946	225	17.7	2.6	7.8	6.5	1.8	9.2	0.31	56.7
		Grande	1099	261	19.4	2.8	10.1	8.6	2.3	12	0.40	56.7
		Venti	1290	307	21.2	3.1	13.3	11.2	3	15.7	0.52	85.1
Oleato™ Caffè Latte – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Short	848	203	17	2.2	11.2	5.3	1.7	1.7	0.24	28.4
		Tall	1125	269	20.5	2.6	18.1	8.6	2.8	2.9	0.39	56.7
		Grande	1337	319	23.1	2.8	23.8	11.4	3.6	3.5	0.50	56.7
		Venti	1597	381	26.1	3.1	30.9	14.7	4.7	4.7	0.66	85.1
Oleato™ Caffè Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Short	743	179	16.2	5.4	6.1	5.7	2.5	2	0.33	28.4
		Tall	957	230	19.2	7.7	9.9	9.1	4.1	3.4	0.54	56.7
		Grande	1112	268	21.4	9.6	12.9	12.1	5.3	4.2	0.69	56.7
		Venti	1307	315	23.9	11.9	16.8	15.6	6.9	5.6	0.91	85.1
Oleato™ Iced Caffè Latte – skimmed milk	Skimmed milk [skimmed MILK], ice, espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Tall	779	186	13.6	2.1	9.7	8.9	0.2	7.2	0.26	56.7
		Grande	851	203	13.7	2.1	12	11.2	0.2	8.8	0.31	56.7
		Venti	919	219	14	2.2	13.9	12.7	0.3	10.3	0.37	85.1
		Tall	871	207	16.2	4.9	9.5	8.7	0.2	7.2	0.25	56.7
Oleato™ Iced Caffè Latte – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, espresso shot – blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Grande	966	230	17	5.7	11.7	10.9	0.2	8.8	0.30	56.7
		Venti	1049	250	17.6	6.3	13.7	12.5	0.3	10.3	0.36	85.1

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Oleato™ Iced Caffe Latte - whole milk	Whole milk [whole MILK], ice, espresso shot - blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Tall	993	237	19.6	6	9.3	8.5	0.2	7	0.25	56.7
		Grande	1120	267	21.3	7.1	11.5	10.7	0.2	8.6	0.30	56.7
		Venti	1224	292	22.6	7.8	13.4	12.2	0.3	10.1	0.36	85.1
Oleato™ Iced Caffe Latte - almond drink	Almond drink [water, ALMOND (2.5%), Sugar, Fructose, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Natural flavourings, Stabilisers (Gellan gum, Guar gum), Sea salt], ice, espresso shot - blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Tall	684	165	15.2	2	5.4	4.6	0.6	1.7	0.19	56.7
		Grande	732	177	15.8	2.1	6.6	5.8	0.7	1.9	0.22	56.7
		Venti	783	190	16.3	2.1	7.8	6.6	0.9	2.5	0.27	85.1
Oleato™ Iced Caffe Latte - soya drink	Soya drink [SOYA base (96%) (Water, Hulled SOYA beans (8.7%)), Apple extract, Acidity regulators (Potassium phosphates), Calcium (Calcium carbonate), Sea salt, Stabiliser (Gellan gum), Vitamins B2, B12, D2], ice, espresso shot - blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Tall	825	197	16.5	2.4	5.9	4.7	1.3	6.8	0.24	56.7
		Grande	909	216	17.4	2.5	7.1	5.9	1.6	8.4	0.29	56.7
		Venti	984	234	18.1	2.6	8.5	6.7	1.9	9.8	0.35	85.1
Oleato™ Iced Caffe Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso shot - blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Tall	953	228	18.5	2.4	13.2	6.2	2.1	2.3	0.29	56.7
		Grande	1069	255	20	2.5	16.3	7.7	2.5	2.6	0.35	56.7
		Venti	1166	279	21	2.6	18.9	8.8	2.9	3.3	0.42	85.1
Oleato™ Iced Caffe Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso shot - blonde roast as brewed [whole bean roasted coffee], partanna olive oil [Olives]	Tall	832	200	17.6	6	7.3	6.5	3	2.6	0.40	56.7
		Grande	918	221	18.8	7.1	9	8.2	3.7	3.1	0.49	56.7
		Venti	994	239	19.7	7.9	10.5	9.3	4.3	3.8	0.57	85.1

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

